

MAINstreet

MAGAZINE



*The
Transportation
Issue*



Kindred Property Care, LLC.

The tri-state area's premiere landscape contractor

Walkways, patios, & stonewalls
Cobblestone, outdoor kitchens,
& fire-pits
Heated aprons, walkways,
& terraces

Weekly lawn maintenance
Lawn installation
(seeding, sod, hydro-seeding)
Turf maintenance
Mulch delivered & installed

Vista clearing
Land/brush clearing
Driveways installed & repaired
Tree/shrub planting
Excavating

(860) 397 5267 • service@kindredpropertycare.com • www.kindredpropertycare.com

Dutchess County, Columbia County and beyond, we're here to insure your world.

The Brad Peck Agency in Copake has long-standing ties to its community. It is one of the oldest hands-on agencies and in all of its years of operation it has provided a personalized approach to writing property, casualty, commercial, home, auto and above all, life insurance. The agency provides superior service regardless of where their customers lay their hats, the agency is registered in New York, Connecticut, Massachusetts, New Jersey, New Mexico and Florida. They are ready today, as they have always been, to insure your world.



Brad Peck, Inc.

Brad Peck Inc.
1676 Route 7A
Copake, N.Y. 12516
P. 518.329.3131

The Lofgren Agency
6 Church Street
Chatham, N.Y. 12037
P. 518.392.9311

Hermon T. Huntley Agency Inc.
Tilden Place
New Lebanon, N.Y. 12125
P. 518.794.8982

Auto • Home • Farm • Business & Commercial • Life, Health & Long Term Care

Business Triple Crown The best bet for your business!




Win

FREE e-Business Checking
Earn **4.00%** apy* with unlimited transactions


Place

e-Business Savings
Earn **4.00%** apy* ... for a photo finish


Show

Lending for all of your business needs!



Gallop to one of our convenient branches, visit www.tbogc.com or call 518-943-2600 today!

* Annual Percentage Yield (APY) is effective as of 4/17/18 and is subject to change without notice. Balance for APY \$1 – \$1,000 is 4.00%; balance over \$1,000 is 0.15%. Fees may reduce earnings.



BE TRANSPORTED

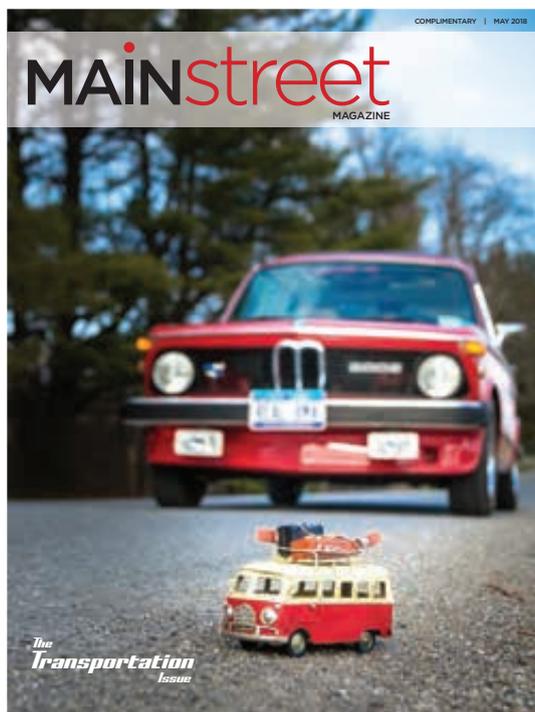
May has finally arrived, and to us that means it's our annual "Transportation" issue! Transportation means so much more than just planes, trains, or automobiles – albeit, most think of cars when they hear 'transportation' mentioned. There's nothing wrong with that! Cars play a vital role in our every day lives in today's day and age, in addition to the vast number of automotive enthusiasts out there – including me!

But transportation is so much more, at least from our perspective. We view transportation as any form of being moved around. So besides the typical cars, airplanes, and trains, this also includes the likes of bicycles, animals (like horses), and your own two feet. That's right, we can transport ourselves – just look at the old classic *Forrest Gump* where Forrest ran straight across the United States.

In this year's "Transportation" issue we bring you quite the array of transportation-themed stories. We begin with the art of car enthusiast Thom Montanari, followed by our entrepreneur feature where Christine interviewed one of the owners of Berkshire Bike & Board, which is a bicycle and snowboard shop. Speaking of bicycles, our in-house bike expert, Ian Strever, shares with us a new development in the biking world: e-bikes. When Ian first pitched the idea to me, I simply said, "What the heck is an 'e-bike'?" After he explained it to me, I thought it quite an interesting development and the story is great! We then also have two stories on train-related topics: Christine's real estate feature this month examines how/when/if the Rail Trail and old railroad beds affect real estate values. Admittedly, there isn't much direct data and so Christine dove deeper into the history of the rail roads in our neck of the woods and how it is that some of these old rail beds were converted, and how this might affect real estate value and commerce. Meanwhile, in Canaan, CT, John shares with us the revitalization story of the old train station. It seems that there's new breath being breathed into Canaan!

To get away from man-powered horsepower, Dominique brings us real life horse power with a piece on Mountain Valley Farm horse farm. Our student-writer, Madison Smith, is also back and shares her experiences from when she marched on Washington. Peter then shares with us his travels to Colombia, and how important various forms of transportation are there. In addition to the above-mentioned, we have many more stories. There's sure to be something for everyone. Happy reading!

– *Thorunn Kristjansdottir*



MAY 2018

As they say, "Trains, planes, and automobiles" – as well as a toy van! Transportation comes in many forms.

Cover photo by
Olivia Valentine Markonic

CONTENTS

- | | |
|--|---|
| 6 AN UNAPOLOGETIC INFATUATION WITH THE AUTOMOBILE artist profile | 37 ART ESCAPES |
| 9 FRIENDLY FACES | 41 SILVER CAKE with pink frosting from the vintage baker |
| 11 ENTREPRENEURIAL, PASSIONATE BIKER STEFFEN ROOT business profile | 43 FRAMED BY THE WINDOWS ON A TRAIN |
| 17 BODY FLOW healthy living | 47 THE MILLBROOK LITERARY FESTIVAL |
| 19 RAIL TRAIL REAL ESTATE | 51 THE MARCH ON WASHINGTON |
| 23 THE TACONIC STATE PARKWAY | 53 COLOMBIA, NOT COLUMBIA adventures & misadventures |
| 25 MOUNTAIN VALLEY FARM where millerton meets montana | 58 MONTHLY ADVICE COLUMNS |
| 29 THE LIFE AND HISTORY OF THE CANAAN DEPOT | 59 BUSINESS SNAPSHOTS canaan auto supply ruge's chevrolet northeast dutchess transit millerton service center |
| 33 RIDES LIKE A DREAM | |

PUBLISHER, EDITOR, ADVERTISING, WRITING, PHOTOGRAPHY, & OTHER DUTIES

Thorunn Kristjansdottir Publisher, Editor-in-Chief, Designer. **Pom Shillingford** Assistant proof-reader. **Ashley Kristjansson** and **Olivia Markonic** Directors of Advertising.

Contributing Writers: **Allison Marchese** | **CB Wismar** | **Carol Ascher** | **Christine Bates** | **Claire Copley** | **Dominique De Vito** | **Ian Strever** | **Jessie Sheehan** | **John Torsiello** | **KK Kozik** | **Mary B. O'Neill**.
Contributing Photographers: **Lazlo Gyorsok** & **Olivia Markonic**

ADVERTISING

Ashley Kristjansson. Call 518 592 1135 or email info@mainstreetmag.com

CONTACT

Office 52 Main Street, Millerton, NY 12546 • **Mailing address** PO Box 165, Ancramdale, NY 12503
Phone 518 592 1135 • **Email** info@mainstreetmag.com • **Website** www.mainstreetmag.com

PRINT, LEGAL, ACCOUNTING, & INSURANCE

Printed by **Snyder Printer, Inc.** • Legally represented by **Davis & Trotta Law Offices**
Accounting services by **Pattison, Koskey, Howe & Bucci CPAS** • Insured by **Brad Peck, Inc.**

Main Street Magazine is a monthly publication, coming out on or around the 1st of the month. It is published by Main Street Magazine, LLC. Main Street Magazine is not responsible for advertising errors whereas all ads receive final approval by the advertiser. Advertisers are legally responsible for the content and claims that are made in their ads. Main Street Magazine reserves the right to refuse advertising for any reason. The entire contents of Main Street Magazine are copyrighted and may not be reproduced without permission. All rights reserved. The views expressed in the articles herein reflect the author(s) opinions and are not necessarily the views of the publisher/editor.

PAULA REDMOND
REAL ESTATE INCORPORATED



STANFORD \$1,020,000



Incredible Far Reaching Views

MILLBROOK \$895,000



Turnkey Village Restaurant

ANCRAM \$995,000



Far Reaching Mountain Views

PINE PLAINS \$795,000



Duxbury House c. 1790

STANFORD \$875,000



Private Sanctuary on 150+ Acres

RHINEBECK \$899,000



Charming Village Victorian



Millbrook 845.677.0505 · Rhinebeck 845.876.6676



paularedmond.com



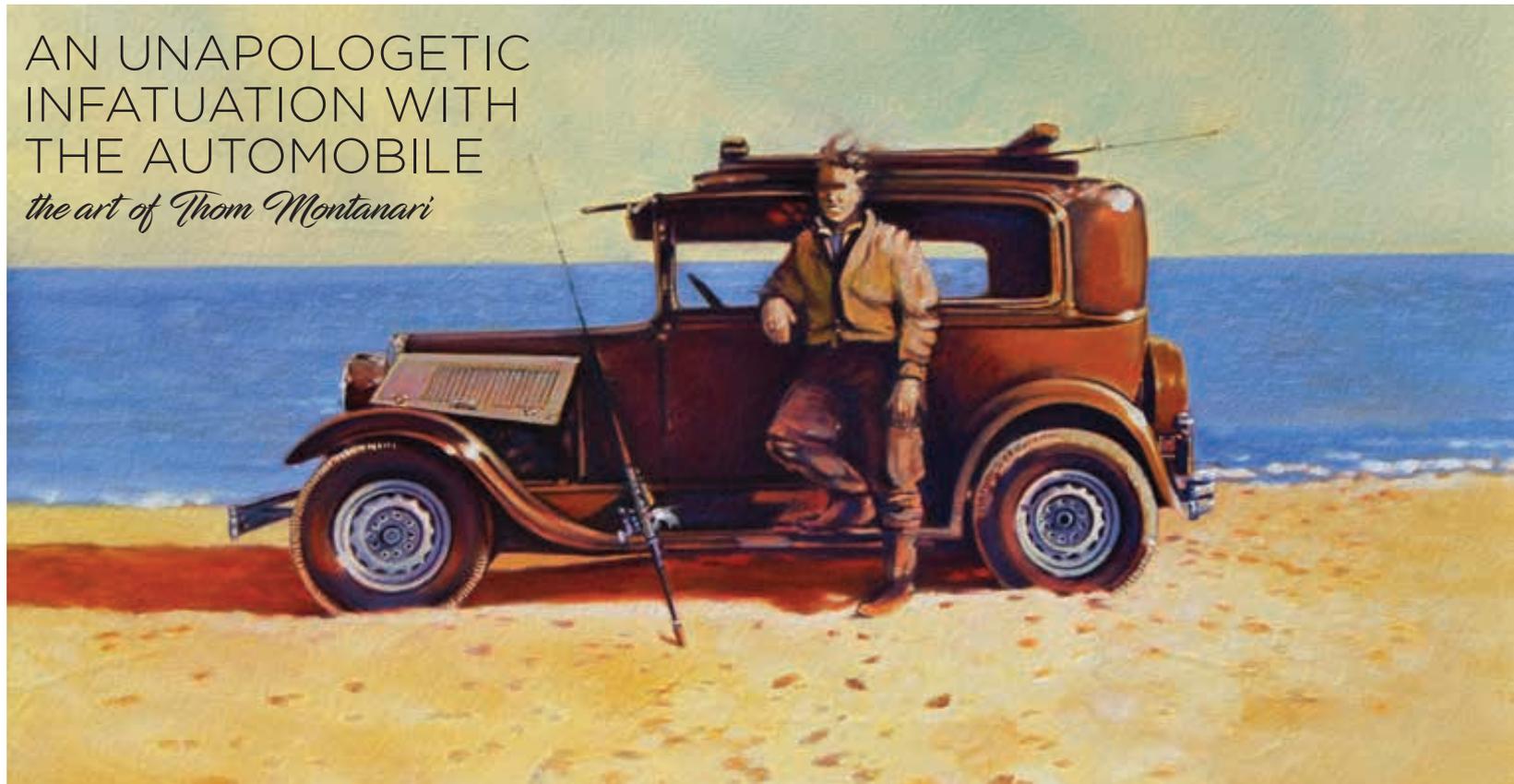
Something to Smile About!

Housatonic Valley Dental Care

860.824.5101 • hvdentalcare.com
60 Church Street, Canaan, CT on Route 44

AN UNAPOLOGETIC INFATUATION WITH THE AUTOMOBILE

the art of Thom Montanari



By CB Wismar
arts@mainstreetmag.com

His name and artwork have been associated with Lime Rock Park and the Skip Barber Racing School for decades. Thom Montanari is an artist of classic training and deep professional experience, but a devotion to the “rolling sculpture” of fine automobiles has been his muse and, as a result, the subject of many of his paintings and illustrations.

“I displayed my artwork at the track for the first time in 1985 during the BMW Vintage Fall Festival. There was one other vendor – legendary driver and art entrepreneur Jacques Vaucher, the owner of *l’automobile*. We didn’t sell all that much, but it was magical.” He has been back ever since, represented in the shop at the track and on their website (www.limerock.com).

Young Thom

Thom Montanari grew up an hour south of Lime Rock in Ridgefield, CT. He remembers having pencil and paper in hand from the age of five. Whenever he would get restless, the notion of drawing, then illustrating, seemed to give him focus. “It was my art teachers in school, particularly Mr.

Adam Salvo, who became my mentors. There was never any question that I would become an artist.”

The transition from high school to college found Montanari at Paier College of Art in nearby New Haven, where he graduated with a certificate in illustration. There was little question that pursuit of a career took his focus to Manhattan where the commercial art world was in high gear and those with talent like Montanari’s were in high demand.

“Those were the ‘Mad Men’ days of advertising. I worked in the bullpen of Gem Studio in the Greybar Building.” After three years on staff, Thom decided to venture into the world of freelancing and soon found his rhythm in the highly competitive advertising world.

His world was changing

He got married. He had a family. He moved to New Jersey. And, during that time, the advertising art world experienced a paradigm shift that forced Thom into a moment of decision. “I loved the work, but the hassle of constantly ‘pitching’ myself and experiencing the ups and downs of a very fluid marketplace made me realize I needed a regular pay check.”

Nearby Mason Gross School of the Arts at Rutgers University offered a BFA degree, and soon Thom was drawing, illustrating, painting ... and

teaching. He joined the faculty of Trenton (NJ) High School. Through this entire time, however, his inbred love of the sleek elegance of exotic and vintage cars could not be erased.

He had grown up in a family that not only loved but understood these moving sculptures. His father had returned from World War II with what later diagnosticians would name PTSD – Post-Traumatic Stress Disorder. To maintain a balanced life, raise a family, and be a productive part of the community, Thom’s father would help manage the psychological traumas that so many combat veterans experience by fully immersing himself in the hobby of restoring vintage vehicles.

“The first car he worked on was a Porsche Speedster that had been in a fire. Then came a series of Model A and B Ford pickups ... and a 32B “Woodie” wagon that had been a delivery truck for a florist.” The family attended car shows, bought and sold parts with other collectors and restorers, and became part of the broader automobile community. Thom’s uncle raced cars at the Danbury Fair, which became a family gathering place as stock cars and midget racing replaced trotters and pacers on the dirt track. Then, with little warning, an opportunity presented itself.



Above, top to bottom: *Dick’s Beacher*. The artist, Thom Montanari.

Fate's agenda

"It was really a defining moment. My father decided he wanted to compete in The Great American Race – the cross-country junket that had been partially inspired by the Jack Lemmon, Tony Curtis, and Natalie Wood movie *The Great Race*.

We trailered the '32 Ford 'Woodie,' out to Anaheim, California for the start of 'The Interstate Batteries Great American Race.' From Anaheim to Boston, I was supposed to be on the support crew."

Fate would have a different agenda. "A couple days into the race, one of the other cars in the race a vintage Bentley, broke down. Parts for the repair had to come from England, and Dad made a quick executive decision. I became the driver and Bill Seacrest, who had been in the Bentley, became the navigator."

At its peak, The Great American Race attracted only vintage vehicles at least 45 years old, running on stock parts. It was not a speed race but a rally that awarded points on the basis of time, speed, and distance.

"The final leg that year was from Wilkes-Barre, PA, to Boston, and the Ford was struggling. We needed water for the radiator and some minor repairs to finish. Because I had spent so many great days at Lime Rock, I knew the back roads and we were able to get to the track, get the Woodie sorted out, and on our way."

A life of inspiration

With a history of 44 years of almost religious pilgrimages to Lime Rock

Park, Thom not only knows the surrounding territory, he has seen decades worth of racing cars traverse the mile and a half track. Combining his affinity for cars, his love of the landscape painting, and his affinity for nostalgia and moments of history, he has produced literally hundreds of landscapes punctuated by elegant vehicles as well as fluid studies of New England scenes from the Litchfield Hills to Cape Cod. It is there he spent time as a child and returns for vacation breaks and adventures. Some of his evocative paintings capture moments of concentration and accomplishment for the surf casting fisherman that populate the beaches of the Cape.

His favorite of the thousands of vehicles that he has seen compete and vie for his attention as an artist/illustrator? "If I had to pick one, I suppose it would be the BMW E30 – M3," he offers with a knowing smile. The "bubble fendered" coupe was produced in limited numbers in the late 1980s and, of late, has become something of a collector's icon. Thom has included the legendary machine in several of his illustrations.

Based on a long-time cordial relationship with BMW of North America, it is of little surprise that he has created images that capture the exceptional German cars in a variety of action images. His paintings and prints have been featured at several BMW events and adorn the walls of many dealerships. In addition, Thom has curated several shows of automotive art – at The Pittsburgh Vintage



Grand Prix and The Castle Hill Councours d'Elegance.

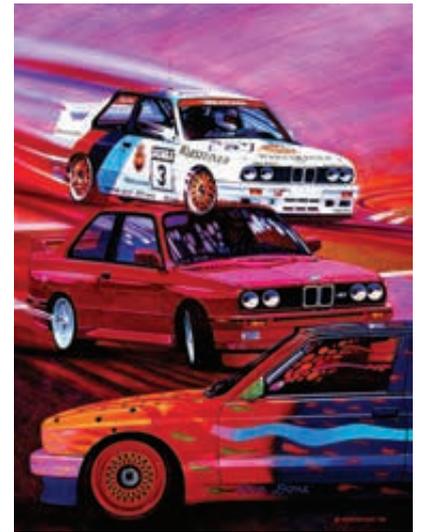
"The automobile is firmly established as a contemporary culture icon," affirms Thom Montanari. "Further proof of this was the 1951 show at New York's Museum of Modern Art which presented the Farina Cisitalia and recognized the automobile as an art form. They were described as 'hollow, rolling sculpture' by the then – MOMA curator of architecture, Arthur Drexler."

His work has been featured at The Society of Illustrators in New York, in galleries along the East Coast and is held in private collections in the United States and Europe. In addition to the Lime Rock Park store and catalogue, Thom Montanari's work can be seen at The Falls Village Inn, a favorite destination for drivers and spectators and participants in the annual vintage automobile events that punctuate the summer.

"Like any artist, I want my work to be seen ... and, hopefully, appreciated," offers Thom. "Being able to present images that excite me in the area that I love ... that's real pleasure."●

Visit Thom Montanari's website at www.montanaristudio.com to explore his portfolio.

Are you an artist and interested in being featured in Main Street Magazine? Send a brief bio, artist's statement, and a link to your work to arts@mainstreetmag.com.



Above, top to bottom: *Birdcage at Sunset*, *M3 Trio*. Left: *Three on the Race*.





Best & Cavallaro Real Estate

NEW LISTINGS!

TWIN LAKES DREAM HOUSE



Chic contemporary cottage on Salisbury's Twin Lakes with its own dock. Enjoy views of the lake from almost every room; quiet dirt road separates house from the 150' of lake frontage. Open floor plan with high end kitchen; DR and LR separated by 2-sided stone FP; 1st floor den w/bath plus 3 BRs, 2 baths, and laundry on 2nd floor. Office perched on top of home provides full lake views; new deck with hot tub. A rare find on Twin Lakes. **\$1,650,000.**

STATELY STUNNER

Greek Revival grandeur meets spacious country living! Refreshments by the pool have never been more satisfying. Historic Lakeville home with 360-degree bucolic vistas has been restored to its original 19th century splendor. Extraordinary architectural details will leave you breathless. Nestled on 9+ acres close to Millerton, this stunning 4 bedroom, 4.5 bath home also features a large studio/apartment over a 3-car garage. This gem of a home is a spectacular find! **\$2,495,000.**



5 Academy Street • Salisbury, CT
bestandcavallaro.com
860.435.2888

PLEASE JOIN US FOR

A SPECIAL EVENING TO BENEFIT
Salisbury Visiting Nurse Association



DENIM & DIAMONDS

QUARRY HILL FARM
LAKEVILLE, CT

SATURDAY, JUNE 23, 2018

6:00 PM COCKTAILS
7:00 PM BARBEQUE DINNER
8:30 PM PRESENTATION OF HORSES

TO PURCHASE TICKETS OR BECOME
A SPONSOR, PLEASE CALL
(860) 435-0816



CARLSON

HEATING & AIR CONDITIONING, INC.

**Complete Design,
Installation & Service**



An Independent **LENNOX** Dealer

Specializing in:

- Gas Warm Air Systems
- Centrail Air Conditioning

800-542-2422

www.carlsonpropane.com

Serving Northwest Corner Since 1979

CT Lic. 302776 • CT Lic. 278010 • CT Lic. 1113
CT HOD #1002

MA Lic. 023709 • MA Lic. 30167 • MA Lic. 912

79 Pike Rd., Sheffield, MA

CARLSON PROPANE

**Sales • Service • Installation
Residential • Commercial
Competitive Pricing
Automatic Route Deliveries
Forklifts • Construction
Heat • Hot Water • Cooking
Budget Payment Plan**



**Prompt Professional Service
Carlson ... for Customers
who insist on Safety & Quality**

800-542-2422

www.carlsonpropane.com

**Division Of Carlson Heating
& Air Conditioning, Inc.**

Serving Northwest Corner Since 1979

CT HOD #1002



WELCOME TO The All New NORTH EAST



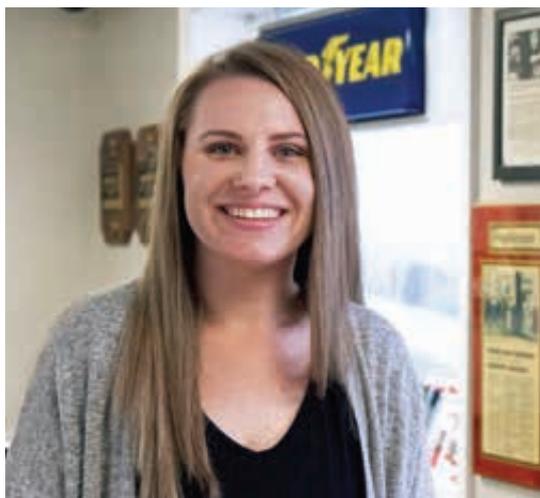
182 US-44

Millerton, NY 12546

(888) 40-NORTH

NorthEastFordInc.com

friendly faces: meet our neighbors, visitors and friends



Kaitlin Gregory is a born and raised native and works in the family business, Jack's Auto Service in Wassaic, NY. "I do a little bit of everything and have been working full-time for ten years, but always say that I've been at this job since birth. I really do love every aspect of my job, but I love the customers the most. Most of our customers have known me my whole life so it's really like they are family." Besides working, Kaitlin enjoys camping, going to car shows (she is a big muscle car fan, Mopar's specifically), and spending time with family, friends, her boyfriend and their three dogs (Bentley, Barracuda, and Bandit). She and her boyfriend plan to make their recent purchase of a late 70s Ford Supercab into a rat rod and showing it in East Durham this August.



Sheldon Osofsky is the business manager at Ruge's Chevrolet in Millbrook, NY. "I've been with Ruge's for five years, previously working at our Subaru store in Rhinebeck." As the business manager his main responsibilities are to communicate with the lenders, and help facilitate financing for their customers, as well as making sure all paperwork is complete, and legally compliant. Sheldon enjoys interacting with new people from all walks of life. He has resided in Pine Plains his whole life and enjoys spending time with his family, and doing anything outdoors. "Although much of my time not at work is spent shuffling around the kids to dance classes, softball, girl scouts, etc., I like to hike all of the wonderful trails and nature preserve in our area, skiing, walking the back roads with the dogs, or even just sitting outside."



Mike Gaschel sold Chevrolet vehicles in Dutchess County for 50 years, working in five different dealers over the course of his career. He was a very successful salesman, obtaining various awards for being top salesman in the Tarrytown zone for 25 years! "The secret to success in sales is to believe in the product." Mike, now in his retirement, enjoys spending more time with his family, working on old cars he collected through the years, and traveling. He visits Florida regularly, and has been able to visit the GM Heritage Museum in Detroit as well as the Queen Mary in California. A Germantown, NY, native, Mike loves his view of the Hudson River and Catskill Mountains. "Working in a small community, I was able to develop long-term friendships. I really enjoyed helping people by making their car purchasing experience a comfortable one."



Michael (aka Mike) Griskauskas is a technician/mechanic at Factory Lane Auto Repair in Pine Plains, NY. "I have been in the industry for just about 14 years. The thing I love most about the job is the challenge of keeping up with all of the new technology that manufacturers are putting into their cars year after year." Mike grew up in Sharon, CT, and moved to Millerton, NY, in 2016. Mike, his wife, and two daughters like to go hiking, play video games, spend time with friends, and raise backyard chickens and turkeys. "I love having the option of being in a bustling village, or surrounded by peace and quiet on a hiking trail – all within minutes of each other. Plus the option to just hop on the train and be in NYC for a Knicks game in 90 minutes is a huge plus!"



Jamie Walton is a born and raised Copake native and grew up at her dad's shop, Jim's Auto body. "I have been detailing vehicles for ten years at my father's shop, but just recently opened up my own detail shop in October of 2017, Copake Truck and Auto Detailing." She details everything from cars and trucks, to luxury cars and service vehicles. "I love a good challenge cleaning a car or truck that is a total mess and making it look like new again." Outside of work Jamie enjoys spending time with her family, taking the boat out, hiking, taking in all of the beautiful sunset and mountain views, and cruising around in her "cool mom car" as her son puts it, aka Jamie's SRT Durango. "My four-year-old son, Memphis, is my world. We spend our free time fishing, playing outside, and taking care of our animals."



Robert Spadaccini has been a local furniture mover for 30+ years and enjoys meeting new people and traveling to new places. "When I'm not moving furniture I enjoy anything that has to do with cars. Fixing or driving them to finding, buying, and selling parts is a great past time for me." Robert has always had a great appreciation for muscle cars and has owned several of his own over the years, but his most recent pride and joy is his 1969 Ford Fastback. "Aside from spending time with my family and friends, there is nothing more fun than driving an old classic car!" Born in Copake, Robert's family later moved to Ancramdale and he now resides in Millerton with his wife and kids. Next time you see Robert driving around town, don't forget to wave!

Ledgewood Kennel

Ltd.



BOARDING KENNEL FOR DOGS & CATS
GROOMING & TRAINING
DOCK DIVING DOG POOL

(518) 789-6353

info@ledgewoodkennel.com

www.ledgewoodkennel.com

639 Smithfield Road, Millerton, NY 12546

Dreaming Goddess
Enchanted Treasures
Crystals • Tarot Decks • Pendulums
Incense • Oils • Candles
Clothing & more...

Classes and Workshops to Inspire

DreamingGoddess.com | 845.473.2206 | 44 Raymond Avenue, Poughkeepsie

SALISBURYARTISANS.COM
SA
SALISBURY, CT

David Bowen
Cabinetmaker

Pettersson Excavation Inc

Working in harmony with the environment

Our full range of services include:

- General excavation • Driveways & roadways •
- Septic installations & upgrades • Land clearing & site preparation • Ponds • Stone work, retaining walls, headwalls • Riding arenas •
- Trucking • Gravel, soil, sand delivered •
- Drainage



Michael Pettersson, owner

T: 845 373 8155 • F: 845 677 4750

E: petterssonexcavation@gmail.com • www.petterssonexcavation.com

We Grow the Legacy of Your Trees

All Phases of Tree Care

Organic & Natural Insect and Disease Management for Trees, Shrubs & Orchards
Natural Tick Control • Beehive Rental • Compost Tea

CALL 860-868-1930 TODAY!

Bill Pollock, Licensed Arborist #62352 • Certified Arborist #NE-0387AT • DEEP License #B-1172

ArborCT.com



Entrepreneurial, passionate biker Steffen Root

of Berkshire Bike & Board, Great Barrington & Pittsfield, MA

By Christine Bates
christine@mainstreetmag.com

Are you an avid biker?

Great question. Yes, I'm definitely an avid biker. I'm passionate about cycling. Basically it's what I'd rather be doing other than spending time with my children. On an average biking day I'll go out for two or three hours. I have five bikes and I ride all winter long with my studded snow tires.

You bought this business when you were only 22. Was that a surprise?

Yeah, it was a surprise. I grew up in South Egremont and when I graduated from college my plan was to work one last summer in the bike shop and then go to Lake Tahoe in California with friends and experience a different place. The owners of the shop decided in August that they were moving to Hawaii and offered my co-worker, David Clark, and me the opportunity to buy the business, which was then in a space between Price Chopper and Kmart. I had started working for Bike & Blade when they opened the store in 1995 as an apprentice bike mechanic. I guess we both felt that we could do this better.

It was a tough decision. I saw the opportunity but I was still ready to see different parts of the country. My parents were 100% helpful. They helped us write a business proposal. Lee Bank thought it was a safe investment and gave us a loan to take the business over. We paid \$25,000 for the name and customer list, plus \$75,000 for the inventory in 1999.

When did you decide to change locations?

We knew that Price Chopper Plaza wasn't a long-term solution and the rent kept going up. My mother said that the way to make money in any business was to own your own real estate. We began looking at real estate opportunities. Our criterion was that we had to be between the two anchors in town – the Big Y and

Price Chopper. Our lease next to Price Chopper ran out and we moved across the highway to White House Square. Our real estate broker approached the owner of this vacant land at 29 State Road, and negotiated a deal. We paid half a million dollars and then built a 5,000 square foot building: 3,000 square feet of retail, 1,000 for our bike repair shop, and 1,000 for storage. In 2007 construction was completed and we got all of our friends to help us move on July 4 into our new home. There were times during this project that I worried myself sick, but it all worked out.

That's also when we changed our name from Berkshire Bike & Blade to Berkshire Bike & Board. Roller blades had lost their momentum by that time. I don't know why – they just weren't relevant anymore. Snowboards were better for our business in the slow winter months. But now they are becoming less important because of fickle winters and increased interest in skiing. The industry has seen huge declines and we are cutting way back on the category.

How did you learn about business?

My major in college was resort management, but most everything I've learned myself. I get information and inspiration from lots of places. The book *The 7 Habits of Highly Effective People* taught me a lot about dealing with people, employees, and even my wife. *Work the System* by Sam Carpenter showed me how to systemize our business. It would have helped to have learned all this much sooner. Ten years ago I took a managerial course at BCC and met Keith Gerard, who works for the SBA, and he has become our free business consultant.

There are two partners in this business and two stores. Is that difficult?

We have been 50/50 partners since day one and we bought the business together. I'm more of a back-end guy.



Above: Steffen Root helping a customer at Bike & Board in Great Barrington. Photo by Weston Kiefer, courtesy of Berkshire Bike & Board.

I handle the bookkeeping, the human resources, and he's much better with people. Early on we recognized our separate skills – it's sort of like being married. At first both of us were told horror stories about partnerships but neither one of us felt competent to do this alone. I had more bike knowledge but he had more managerial experience.

Having two stores gives us both a bit of flexibility. Early on we noticed that we had a lot of clients from Pittsfield and knew that the existing bike shops there were not doing a good enough job. Then the right space in 2013 just fell into our laps – one of our customers told us about it. Now

Continued on next page ...

NORTHERN DUTCHESS AGRICULTURAL CONTRACTING

Field Restoration • Tree Work • Orchards • Ponds • Fencing
Clearing Woodlands • Custom Farming • Excavation • Food Plots

845 594 3521 or email ndagriculturalcontracting@gmail.com
for a free consultation

A progression-based program:
Private Instruction
Barre classes
Pilates Reformer Classes

Reform your body and power up your core with long, lean muscles for look to love.

masha's Fitness STUDIO

36 Main St. 3rd floor, Millerton, NY • 860-671-9020
Sign up at www.mashasfitnessstudio.com

CROWN
ENERGY CORP.

We're on the move!
Energy for your lifestyle

SERVICES:

Propane • Heating Oil • Diesel Fuel • Gasoline
Kerosene • Heating Systems • Service
Installations • 24 Hour Service

1 John Street, Millerton, NY 12546
(518) 789 3014 • (845) 635 2400
www.crownenergycorp.com

It's time for your heating system's annual tune-up and maintenance. Call today and receive our Summer Special!

From furnaces to boilers and heat pumps to propane high efficiency tankless hot water systems, Crown Energy Corp. has the solution to all of your heating installation, repairs, and maintenance needs.

we each have our own store to run.

And the stores and their customers are very different. Pittsfield, which has a larger population, has much less seasonality than our Great Barrington store, which really helps our cash flow. Here we sit on our thumbs from October to February, there's a huge spike in March and April and then a steady climb with our biggest months in July and August.

What's the most challenging issue you face?

Bike stores are no different from any other kind of retail. The landscape is constantly evolving. Businesses come and go because they don't adapt. In the past you could be a success at retail because you showed up, knew something about the product, and had good customer service. Now Amazon has amazing customer service and great prices. We have to be about providing great customer experience, unique products, and creating a community that is unique to us. We try to create a culture that you want to be part of. Everyone wants to be part of something – they want an outlet where they can belong.

Berkshire Bike & Board has free group rides every single day of the week. Look at our Facebook page and website. Come and join us. I know this philosophy sounds cheesy but we want to sell you cycling not just a bike and have a lifelong customer. We are thinking long term. Our lifetime free tune up is another differentiating feature.



Of course the most challenging, and the most important issue is having the right product at the right time at the right price. Our POS – Point of Sale – systems help us determine the right product mix. The beauty of technology, the secret of Walmart, is using this information to understand the customer.

Why should people buy a bike from you?

This is a question we're always asking ourselves. Where you buy, however, has everything to do with what you get. You see, bicycles aren't like toasters or suitcases. Lifetime free tune-ups on new bike purchased from us are really important. All our new bikes are assembled by professional bicycle mechanics. We offer the highest quality bikes and the best resale price. We allow test rides, the best way to select a new machine – that's what great about this location. Also we can help you find the right bike for you and then do the required measurements and adjustments to ensure the frame is the correct size and that the seat and handlebars are properly positioned. Our experienced staff is happy to offer all the free cycling advice you want and we have great accessories – everything you need for biking.

Did the 2008/2009 recession affect your young business?

Funny it did and didn't. Instead of doing bigger trips people stayed home. Instead of going to Colorado they came here and bought bikes. Actually we are pretty insulated from major swings because of the second home-owners from Boston and New York who weren't so affected.

What makes some bikes so expensive?

Unlike most sports equipment, bikes are built from many components: wheels, tires, shifters, derailleurs, etc., all of which drive up the price. People who buy expensive bikes know the performance game and understand the cost is well worth it to them.

How would you describe your competitors? Are \$100 bikes a good deal?

My competitors are not other regional specialty bike dealers. We are all trying to grow the bike pie. Our biggest competition is any other free time activity. Video games would be #1, or gardening, or other sports.

The big box stores sell inferior products that I consider unsafe. Stores like Kmart compete on price only, while we sell bikes at every price point, including excellent value, quality used bikes. Bikes for \$100 are just not the same. They are made from steel rather than aluminum, which makes them heavy and hard to handle. The parts are borderline substandard and the brakes aren't good. The worst is the assembly. They pay people who know nothing about bikes \$3 to put a bike together so they do it as fast as possible. Sometimes they even put the forks on backwards.

What's new in the bike world? And what about those bikes with fat tires?

The newest product is a walk bike, also called a strider bike or a straddle bike (see photo next page). It lets children as young as two learn balance and how to ride. Once they are old

Above: The 5,000 square foot home of Bike & Board in Great Barrington at 29 State Road. Photo by Weston Kiefer, courtesy of Berkshire Bike & Board. Below, left: Accessories like helmets and gloves are an important product offering. Photo by Christine Bates.



Continued on next page ...

enough kids can go directly from one of these to a bicycle without a tricycle or training wheels. I have two little girls three-and-a-half and two years old who are just starting. It's definitely great.

Every year the industry comes up with something new and exciting. It's kinda crazy. There have been monumental leaps in shifting technology, ride quality, and frame construction. Technology is bringing electronics into the bicycling world.

The other shining light in our industry is the beginning of the electric assist bike, which helps with the hills around here. We are selling lots of them and see them as a growing category. There's still a lot of hate from traditional bike enthusiasts who feel it's cheating, but we are slowly breaking down barriers. Once people learn how they work, they begin to soften to the idea quickly (see article on e-bikes on page 33).

Fat tires are designed for snow because they increase the surface area of the tire. People discover they can ride anywhere on these. Also there is a strong increase in sales of mountain bikes in the past few years while demand for regular road bikes has declined. There's something for every category that is designed to be efficient, fast, fun, and lightweight. Racing bikes are a tiny category.

What about bike clothing? You have some cool stuff here.

Our first store was weak on clothing and the margins are much better than



Above: A straddle bike teaches kids to balance without pedals or training wheels. Photo by Christine Bates. Below, left: Some say biking is the new golf. Group rides are organized by Bike & Board every day. Photo by Weston Kiefer, courtesy of Berkshire Bike & Board.

on bikes. When we moved here we received merchandizing help from manufacturers. Now we have a real changing room, and women's and men's clothing. We have made a large investment in inventory, and we went to seminars in selling bike clothing. We're always learning.

Is there growth in the bike industry?

Actually the bike industry overall is seeing steady decline in units purchased. Boomers are beginning to age out, and younger riders aren't replacing them. It's a new paradigm. When we grew up kids all rode bikes. It was an amazing sense of freedom. Remember, that's how we got around? Now

kids are into video games and parents fear their children going out on streets. I rode to my friend's house ten miles away. Now biking is not part of daily life. Maybe kids ride bikes when they go on summer vacation. That's why in Pittsfield we've started a youth bike series in order to reintroduce kids to biking. The biggest challenge to growth is encouraging young cyclists.

How important is service and repair?

It's vital, and more and more important to our strategy. You can't have a shop that doesn't service bikes. You would be shooting yourself in the foot and driving people away. 16% of revenue comes from the service department, but they also sell. We do service bikes that we haven't sold because we can convert those buyers into our customers and earn their business long term.

Do you sell used bikes?

We do. We give customers 50% of the retail value of their bike as listed in the Bicycle Blue Book when they buy a new bike. This is especially important in kid's bikes and lets people afford the right-sized bike for their child. We do rentals as well. It's not a big business, but we do a pretty decent job. We like to offer customers as many options as possible.

How important is the internet to your business?

We've had an internet site for over 20 years. The bike industry was lucky that early on there was easy to modify software built especially for bike shops. The internet is the first perception people have of your business and attracts people to your store. We do very little e-commerce but there's lots of content on our site. On Facebook we post all of our rides.

What advice would you give to anyone wanting to open up a bike shop?

The retail landscape is so challenging. Location is key. Be sure to become involved with your community – it's the real differentiator. We do training series, races, in-store events, seminars, and product nights. We have our group rides. Everything is to build community and be part of the community. I can never say no. ●

Berkshire Bike & Board is located at 29 State Road in Great Barrington and 502a East Street in Pittsfield, MA. Their website is, www.berkshirebikeandboard.com.





All of us at Morgan's are excited to introduce our new Executive Chefs, Daire Rooney and James Corcoran, who have brought their "gastropub" approach to the cuisine they serve here and were known for at Allium in Great Barrington, Massachusetts.

Daire and Jim invite you to stop in soon and try their fresh farm food in season, brimming with bright flavors and made from scratch in our kitchen daily.

Open 7 days a week. Lunch 12-3 • Dinner 5-9

Serving Mother's Day brunch buffet 11:30-4.
Please call for reservations.

See our new menus online:
InterlakenInn.com/morgans-menus

Morgan's at the Interlaken Inn
74 Interlaken Road, Lakeville, CT

Reservations: (860) 435-9878

Follow us on Facebook and Instagram

Morgan's
at the Interlaken Inn

THE FARM STORE
AT WILLOW BROOK

Farm raised pork & beef • Fruits & vegetables
Gourmet grocery & dairy • Gifts

OPENING MAY 18TH FOR THE SEASON
Phone: 518-789-6880 • Facebook: willowbrookfarm
196 Old Post Road #4, Millerton, NY
www.thefarmstoreatwillowbrook.com

PRECISION
AUTO STORAGE

**Offering car storage and detailing services –
Your car deserves it!**

(917) 715 0624 • 6050 Route 22 in Millerton, NY
dan@precisionautostorage.com • www.precisionautostorage.com

bear
witness

13th annual 2018 BIFFMA.ORG

**GET YOUR
PASSES OR
TICKETS**
visit BIFFMA.ORG
call 866.811.4111
info 413.528.8030

2018 **MAY 31-JUNE 3**
2019 **MAY 30-JUNE 2**
great barrington // pittsfield

**BERKSHIRE
INTERNATIONAL
FILM FESTIVAL**

to become a REEL Friend and view
year-round events visit BIFFMA.ORG

Your Detailing Specialist



Copake Truck & Auto Detailing

Jamie Walton • Call or text (518) 929-5518

Local 111

Restaurant & Catering



VOTED "BEST CHEF"
IN COLUMBIA COUNTY
THREE YEARS IN A ROW!



111 MAIN STREET PHILMONT NEW YORK
518-672-7801 www.local111.com

518.272.8881 • info@snyderprinter.com • 691 River Street, Troy, NY



SNYDER PRINTER

www.snyderprinter.com



Factory Lane Auto Repair

Dominick Calabro - owner
(518) 398-5360 | 3 Factory Lane, Pine Plains, NY 12567



PALEY'S MARKET and GARDEN CENTER

Spring has never been
more welcome!

Shop at Paley's for all your garden needs:
Nursery Stock, Annuals and Perennials
Herbs and Vegetable Starts • Hanging Baskets
Vegetable and Flower Seeds for Planting
Garden Pottery & Decor
Wonderful Gifts for Garden & Home
Garden Tools, Supplies & Accessories
- and in our market in mid-May -
Fresh Produce • Local Cheeses & Dairy
Fresh Baked Goods • Specialty Foods

Paley's Farm Market, LLC
230 Amenia Road (Rt. 343) • Sharon, CT 06069
860-364-0674 • Open 7 days a week, 8-6

Join our E-club and follow us on Facebook and
Instagram to receive news and special offers.



www.PaleysMarket.com



Photos by Kerry Rooney

Body flow

THE IMPORTANCE OF COMMITTING TO YOURSELF AND STAYING ACTIVE

By Thorunn Kristjansdottir
info@mainstreetmag.com

I often feel caught in a “Catch 22” situation with how our lives have become in today’s world. We have so much data and science and research that tells us all about how and why we should be living our lives a certain way – and some people certainly do manage to live it “right,” and I applaud them for it! But then on the flip side of that coin, I feel that so much of today’s “life” has got us sitting down, in front of a screen, and stressed out with little or no time to do the things that we “should” be doing, especially for our health’s sake.

I often feel like the stereotypical person who’s caught in these scenarios. I feel caught because of course I want to be healthy and lead the best possible life that I can, and should be, living. But at the same time ... life, man! Life and responsibilities and work and family take over sometimes – actually, a lot of the time.

So what’s the solution, you ask? I don’t think that there is one set solution, because each one of us is different, with different lifestyles and abilities, and demands of every-day-living. But with that being said, the one common denominator is our commitment and determination to try to be the best version of ourselves. And honestly, that is all that anyone ever needs to accomplish anything that they would like to in life!

Committing to yourself

This winter I got sick, I got that awful flu that just wouldn’t stop – you know the one I’m talking about. I was sick with a fever for a few days, and then the recovery process was, honestly, weeks. During that time I managed to lose the last few pounds of the “baby weight” from when I had my daughter. But I still didn’t feel “great” – physically that is. I mean, I felt good, but I wanted and needed to feel great. The flu really took it out of me, and the coughing was getting so bad that I was having severe back issues (the constant cough pulled on my back).

I thought to myself that this was just getting ridiculous – and it was!

The reason that I’m sharing this with you is that as a result of this I came to a realization that I needed to change how I viewed my approach to taking care of myself.

We’re not twenty years old forever and so we can’t just abuse our bodies by eating junk and going to bed late, and be fresh and ready to go the next day. Oh yes, we were able to get away with that in our twenties, but when those thirties hit, it’s as if some of our bodies just went, “Na-a! Enough of that.” And so I believe we owe it to ourselves to examine how we’re taking care of ourselves as we age, and the sooner we do this the better it is because it’s all about being aware. And that is precisely what I did.

I know that it may sound simple, and perhaps stupid to some, but the reality is that in the every day hustle and bustle of life we often forget to care for ourselves – especially when we’re busy taking care of others (i.e. children, family members, aging parents, our spouse, pets, etc.). That is where I found myself in February.

At that juncture in my life I decided that something had to give.

Taking stock

For once in my life I decided that I needed to take time for myself, and to start taking better care of myself. Now, what I did may not work for any of you, so it is important to know yourself well enough to know what is best for you and your body and what will actually work for you and your lifestyle. Perhaps it is taking long walks on the Rail Trail, or for others it might be more strenuous activity like spinning or CrossFit, others might prefer Yoga and Pilates. Regardless of what you choose, the common denominator that we should all have is so commit to ourselves and our well-being, and to continue to strive for a better and healthier version of ourselves.



Photo by istockphoto.com, contributor spukkato

Realism

But let’s not forget to be realistic. Incorporating pragmatism into your ideal work-out and health routine is necessary. For example, I began going to Yoga in February, which helped me tremendously with a lot of my issues. But I’ve been unable to go in the last two weeks because the first week my daughter was sick so I had to juggle a sick toddler and work – because work doesn’t stop just because you’ve got a sick kid. The following week I had to play catch-up from the week before. But I’m OK with all of this because I’m realistic about life, and instead I try to have backups for keeping my body moving.

When it comes to your lifestyle and your workout and fitness plan, keep life in mind – in the way that stuff happens and we have to be able to adjust (otherwise you’re more apt to get discouraged and quit). Stuff especially happens when we have children and in the wintertime, the weather can certainly throw us a few curve balls! The key is to not let any of that discourage you, but instead to stay focused and committed, and to just keep your body moving.

You’ve probably seen the TV com-

mercial that has the tag line of: “A body in motion stays in motion.” There’s so much truth to this. It is my daily job now to remind myself to keep my body moving – for my health’s sake. I seriously have to remind myself every day, and now it has become a habit. I work in front of a computer all day, and so I try my best to just keep moving: I often park a street away from my office so I have to walk to and from my car, I try to get up from my desk and move around my office every 30-60 minutes and I often do some sort of exercises while I’m moving (dips, side-to-sides, push-ups), and I love to be outside so I try to play outside with my daughter after work. And I’m sure most of you are able to do the same if you work at a desk like I do. It’s just a matter of perspective, I’ve realized. And it’s also about committing to yourself and your own well-being. So put that plan together and commit to yourself and commit to a better and healthier version of you! •



PASTORAL PRIVACY IN SHERMAN

Elegant contemporary farmhouse in a stunning one-of-a-kind location. 11 acres directly abut 77 acres of land trusted pasture, that wrap around the very private grounds. The house is in meticulous condition. Large master suite, dressing room and study on the first floor. Open floor plan. Cook's kitchen. Great 72' long covered porch to take in the view. Exceptional studio space over the 3 car garage that could become an in-law apartment. One of the best homes and location Sherman has to offer. 4 bedrooms, 3 bathrooms. \$1,300,000



See Video

860-927-4646 • 860-364-4646 • 860-672-2626 • www.bainrealestate.com

Cornwall

Plumbing & Heating

Cornwall Bridge, CT

YOUR SOURCE FOR RELIABLE PLUMBING & HEATING SERVICES

Well and Water Treatment Systems
 High Efficiency Heating Systems
 Ductless Mini Split Systems • Solar Thermal Systems
 New Construction • Renovations • Service

Celebrating 9 Years Serving Our Community

366 Furnace Brook Road www.cornwallp-h.com
 Cornwall Bridge (860) 672-6350
 Connecticut info@cornwallp-h.com



*Mother's Day Specials:
 Hanging baskets, orchids,
 herbs, & much more!*

Country Gardeners Florist

Weddings • Anniversaries • Theme parties • Funerals • Fresh cut flowers
 Dried flowers • Potted plants • Pottery

(518) 789-6440 • Railroad Plaza • Millerton, NY
www.countrygardenersflorist.com

= MADSEN = OVERHEAD DOORS

Fast, friendly service since 1954



Madsen Overhead Doors offers numerous door options to fit any budget!
 Residential, Commercial & Industrial Doors, Electric Operators,
 Radio Controls, Sales & Service.



673 Route 203, Spencertown, NY 12165
 Phone (518) 392 3883 | Fax (518) 392 3887
info@madsenoverheaddoors.com
www.MadsenOverheadDoors.com

RAIL TRAIL REAL ESTATE

By Christine Bates
christine@mainstreetmag.com

In the 19th century railroads grew rapidly connecting the industrial northeast south to agrarian regions and westward across the prairies to the Pacific Ocean. In 1869 the 1,912 mile continuous Transcontinental Railroad was completed. Three private companies built the rail line over public lands provided by extensive US land grants. Railroad mileage reached a peak of over 254,000 miles by the mid-1910s. The Great Depression, cars, trucks, and interstate highways affected the profitability of both passenger and freight traffic forcing railroads into bankruptcy and reorganization and leaving behind thousands of miles of abandoned tracks and railroad corridors.

It's not easy to buy an abandoned railroad bed
Abandonment of railroad right-of-ways in the United States is controlled by the Surface Transportation Board, STB, of the Department of Transportation and it's complicated. The process starts when the railroad company submits a notice to the STB about their intent to abandon a railway line; this notice is served ten days before the formal abandonment petition is filed by the railroad company. Once filed, various time frames are allotted in order for other interested parties to proffer their requests regarding the abandonment; any intent by a

rail-trail advocacy group to convert the right-of-way into a rail-trail (called rail banking) must be submitted within 30 days, while any financial assistance offers to either purchase the property outright or to subsidize rail traffic on the line must be submitted within 50 days. If ultimately approved by the STB, the line will be formally abandoned, or converted to trail use if the railroad and trail advocacy group arrive at an agreement on terms/price of the sale of the property, or operated by the owning railroad (via a subsidy) or by a new owner.

The rail trail movement
As railroads ceased operating there emerged a national consensus that America desperately needed a national trails system and that the unused rail corridors were the perfect backbone for that network. The rail trail movement formally began over 30 years ago when a group of railroad buffs, conservationists, and transportation activists organized to preserve unused rail corridors for the public and created the Rails-to-Trails Conservancy, aka the RTC. Since 1986 thousands of miles of railroad beds have been converted to trails connecting and transforming communities.

How our rail trail came to be
In 1831 the New York State Legislature authorized the New York & Harlem Railroad to build a tracked road from lower Manhattan to any point on the Harlem River at the northern

tip of the island. When the first mile opened in 1832 there were only 38 other miles of railroad track in the entire state. By 1846 the New York & Harlem was granted the right to extend 125 miles all the way to Chatham and purchased the land to build its entire line for \$35,000. By 1852, the New York & Harlem Railroad was stopping in Millerton and linking rural Dutchess and Columbia counties with New York City and Boston. In 1873 the Harlem Division was leased to the New York Central and Hudson River Railroads, eventually becoming part of the New York Central Railroad and then in 1968, the Penn Central Railroad, which was soon to become the biggest bankruptcy in American history.

The interstate highway system, thruways, and a changing economy led to service cutbacks and deferred maintenance, which further affected rail traffic. The federal plan to re-organize the Penn Central into a "down-sized" Conrail System eliminated the Harlem Line north of Millerton by 1976 despite the protests of a local Millerton citizens group known as the Harlem Valley Transportation Association (HVTA), which fought to keep rail service. Despite their valiant efforts to preserve passenger service, in 1980 service was cut back further to Wassaic and then to Dover. Nearly 50 miles of track and 13 stations lay abandoned.

According to Dick Hermans, an original member of the HVTA, Lettie Carson, the president of the group, turned over the HVTA checkbook to him after Millerton passenger rail service stopped in 1980. The railroad buffs, including Ed Downey, Harry Schroeder, and Woody Cohen, got together once a year to meet and discuss their purpose. The group tried to sue Penn Central to prevent it from tearing up the track and hired an attorney to enjoin the sale. "We were quickly disabused by the judge that we would



Above: Map of Harlem Valley Rail Trail. Graphic courtesy of Photo courtesy of Harlem Valley Rail Trail. Left: Millerton's first train station survives as Country Gardeners Florist today in Millerton, NY. Photo courtesy of Joanne Scasso.



Continued on next page ...

be successful,” said Hermans. The track between Wassaic all the way to Chatham was pulled up in 1981 and sold. Hermans thinks that some of it may have ended up in North Carolina.

Train service had ended and the tracks were gone but the HVTA adjusted their fight to retain the train bed as public space, inspired by Elinor Mettler, the editor and publisher of *The Roe Jan Independent* newspaper in Hillsdale, NY. She had seen a rail trail on Cape Cod and brought the idea home.

North East resident Harry Schroeder was the chairman of the Dutchess County Legislature at the time and tried to persuade both Dutchess and Columbia County to buy the land. But local businessman Jay Metz got there first and at the end of 1985 bought much of the rail bed for \$995,000. He sold off some pieces to private individuals, but retained the bulk of it.

Somehow Harry Schroeder and Lucille Patterson, Dutchess County Supervisor at the time, persuaded New York State to purchase the parcels from Metz and lease the land to Dutchess County for public use. The county then managed to get federal funding to build the trail under the Clean Air Act and the first segment opened in 1996.

Rail trail expansion

Today the rail trail between Amenia and North East ends on Main Street in Millerton. This year the long-planned project will begin to construct the missing link between Millerton eight miles north to Undermountain Road in Ancram where it will connect with an existing section continuing north to Orphan Farm Road in Copake (see map). According to Dutchess County Public Works officials, bids are expected to be issued in late Fall 2018.

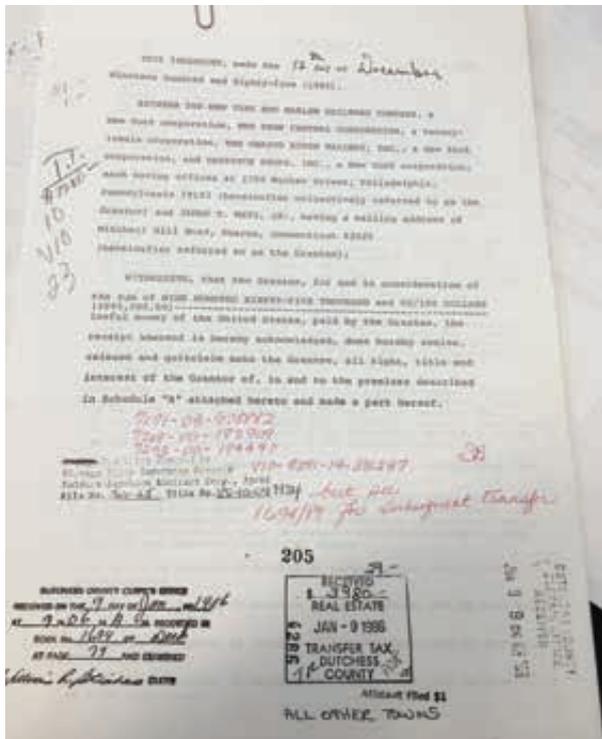
The county has received \$3.5 million in federal funds to help finance the estimated cost of \$9.5 million. It's taken over eleven years to get all the necessary right-of-way, environmental approvals, and money – much, much longer than to construct the rail bed and lay the original track. It's especially difficult to build in Class 1 Wetlands where Webutuck Creek originates and wooden boardwalks will be constructed to minimize the environmental impact.

Impact on real estate values

Whether proximity to the rail trail increases or decreases the value of adjoining properties is impossible to determine. For those seeking total seclusion, bicyclists racing by or kids learning how to ride might not be attractive, but a near-by stretch of the

rail trail won't prevent most people from buying a property they love. For example the beautifully restored railroad station at 396 Sharon Station Road, which sits right next to the trail, was sold in 2011 for \$595,000, 12% above its assessed value. A fence and some pine trees added privacy.

The current home of Country Gardeners Florist in Millerton is an 1851 railroad



building purchased from Salisbury Bank in a foreclosure sale (see photo). It was the original train station and had been moved twice as the railroad lines expanded. For a number of years it was the notorious Red Barn Tavern when Millerton had 14 bars and the drinking age in New York was 18.

Katherine Johnson, Town of North East Assessor, admitted that if the trail was directly in front of windows, she might adjust the property tax assessment, but typically it wouldn't affect it one way or another. After all, unlike cars and trucks, bicycles and walkers are not very noisy.

Many buyers and bikers are attracted to our area because of recreational opportunities, including the rail trail and biking on country roads. Clearly the extension of the Harlem Valley Rail Trail can only add to our region's appeal, which can't be bad for real estate values. ●

Above, top to bottom: Renovated station on Cole Station Road was sold for \$575,000 in 2011. Riding on the rail trail. Photo courtesy of Harlem Valley Rail Trail. Left: Purchase of rail trail parcels by Jay Metz from Penn Central. Image provided by Assessor of Town of North East.

• DEEPLY ROOTED IN THE COMMUNITY FOR OVER 30 YEARS •

ELYSE HARNEY REAL ESTATE

LOCALLY OWNED & OPERATED FOR TWO GENERATIONS • SERVING LITCHFIELD, DUTCHESS, COLUMBIA, & BERKSHIRE COUNTIES

GLOBAL REACH • COMMUNITY CONNECTION • A TRADITION OF TRUST



DRAMATIC GEORGIAN COLONIAL

"LONG VIEWS, QUIET AND PRIVACY"

7 BR • 6 BA • 2 ½ BA • FALLS VILLAGE, CT
EH#3759 • 8,654 SQ.FT. • 20 ACRES • \$2,287,000

LISTED BY: ELYSE HARNEY MORRIS & THOMAS CALLAHAN



BARN, RESIDENCE & LARGE GARAGE

"A UNIQUE PROPERTY FOR A MYRIAD OF USES"

3 BR • 1 BA • SHARON, CT
EH#3631 • 1,365 SQ.FT. • 2.28 ACRES • \$395,000

LISTED BY: ELYSE HARNEY & PETER FEEN

MILLERTON, NY 518.789.8800

WWW.HARNEYRE.COM
CONNECTICUT, NEW YORK, & MASSACHUSETTS

SALISBURY, CT 860.435.2200



All Car Dealerships
Are Not The Same!

COME SEE THE DIFFERENCE!

OVER 75 YEARS OF EXCELLENCE IN SALES & SERVICE



Ruge's Chrysler Dodge Jeep RAM
6882 Route 9 | Rhinebeck, NY 12572
845-876-1057



SUBARU

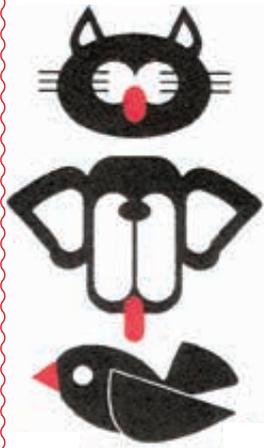
Ruge's Subaru
6444 Montgomery St | Rhinebeck, NY 12572
845-876-2087



CHEVROLET

Ruge's Chevrolet
3692 US-44 | Millbrook, NY 12545
845-677-3406

RUGESAUTO.COM



Catering to the needs of the well-loved pet since 1993

Petpourri

We love your pets.

SUPER PREMIUM PET FOODS • RAW DIETS • QUALITY TOYS, TREATS & ACCESSORIES FOR YOUR DOG & CAT – MANY MADE IN USA

Hours: Monday-Friday 9-5:30, Saturday 9-4
333 Main Street, Lakeville, CT • Phone: 860-435-8833

EXCAVATION SERVICES
Backhoe & bulldozer
Driveway installation & repair

GROUNDS MAINTENANCE
Monthly maintenance programs
Spring & fall clean-up

SPECIALIZED STONE WORK
Patios • Walls • Walkways • Boulders

LANDSCAPING
Lawn renovation & installation
Large tree & shrub installation
Edging & mulching • Bed maintenance
Landscape construction

TREE INSTALLATION
Large evergreens & deciduous trees
installed • Large fruit trees

Call for free onsite estimates
Licensed & insured
30 years experience

Domenick Lopane Jr.
Landscaping & Excavating

(845) 518-0632 • DLOpeneJr@gmail.com
700 McGhee Hill Road, Millerton, NY

Your pet will leave happy, feeling good and most importantly, looking great!

POOCHINI'S
Pet Salon

DAWN GARDINA

Providing grooming & boarding services
46 Robin Road • Crayville, NY
518.325.4150 • 518.821.3959
pochinipetsalon@gmail.com
Follow us on Facebook!



Specializing in full mechanical restoration, repair & maintenance of all classic cars

CLASSIC AMERICAN CARS
Sales & Service

 **NORTHWEST CORNER**
CLASSIC CARS, LLC

860-596-4272 • OPPOSITE LIME ROCK PARK
438 LIME ROCK ROAD, LIME ROCK, CT 06039
WWW.FACEBOOK.COM/NORTHWESTCORNERCLASSICCARS

MONTAGE



THE PERFECT MIX
FOR YOUR REAL LIFE

#ANTIQUES #ART #INTERIORDESIGN

860-485-3887 25 MAIN STREET, MILLERTON, NY
WWW.MONTAGEANTIQUES.COM

STISSING
HOUSE



LUNCH • DINNER • EVENTS

518.398.8800 • www.stissinghouse.com
7801 South Main Street, Pine Plains, New York 12567
Located on the corner of Route 199 and 82 at the light
Dinner hours: Thursday-Sunday • Lunch served on Sundays

The Taconic State Parkway

By John Torsiello
info@mainstreetmag.com

The dream of a Progressive politician in the 1930s would eventually transform the eastern Hudson River Valley forever. New York Governor and soon-to-be President Franklin D. Roosevelt, with his innate knowledge and love of the Hudson River Valley, first saw the importance of a scenic road through the eastern part of the valley. He was instrumental in making it a reality as a way to provide access to state parks in the region. Its route was designed by landscape architect Gilmore Clarke to offer scenic vistas of the Hudson Highlands, Catskills, and Taconic regions. The bridges and now-closed service areas were designed to be aesthetically pleasing.

Roosevelt's vision

Roosevelt wanted a route that would take motorists through a high ridge flanked by the Hudson River and the Catskills Mountains to the west, and by the southern Berkshire Mountains to the east. He also desired the incorporation of rugged mountains and farms into the design of the northern Taconic to reflect his own view of the history of the Hudson Valley.

The Taconic State Parkway, as it came to be known, has been praised for the beauty of the landscape through which it is routed and that marvelous views it offers. But it is also noteworthy in how the road presents these natural assets. The Parkway was listed on the National Register of Historic Places in 2005, a somewhat unusual designation for a roadway. The Taconic State Parkway is a popular route for those wishing to enjoy the foliage each fall. A ride along the Parkway in October rivals that of other northeast “leaf peeper” routes, such as Route 7 from Litchfield County in Connecticut, through the Berkshires of Massachusetts and into the Green Mountains of Vermont.

Transforming life

The Parkway, of course, played a significant role in the transformation of life in the small villages and towns

along its route, linking New York City to the then considered “hinterlands” of lower New York State. It quickly became (the railroad already served this purpose to some degree) an accelerant to a modest urbanization and population growth of the area. It also gave further rise to a new commuter generation that worked in New York City and lived in the quiet, pastoral lands of Westchester, Putnam, Dutchess, and Columbia counties. The road is 104.27 miles in distance, the longest parkway in New York State.

According to a report by Martin Wilbur in *The North County News* in the late 1980s, initial construction took just over two years and the new parkway opened for vehicles on Sunday, Nov. 14, 1931. A special tribute featured a “parade of dignitaries” including Roosevelt.

City dwellers were soon traveling “upstate” in motor cars for long weekends and summer vacations as resorts began to pop up along and off the route. The railroads opened the area to vacationers, but families found the new Parkway a more convenient means of transportation, as they could come and go as they wished and offered more mobility. The influx of people created new businesses, such as gas stations, retail outlets, and food stores.

Building a Parkway

Work began on the 20.7 miles of the Taconic State Parkway through Westchester County in 1927. The “new” Taconic State Parkway through Westchester County included one major park and three small picnic areas and was completed in 1932.

During the years 1932 to 1938 work took place on a stretch through Putnam and Dutchess counties. This section was constructed in two parts, ending in southern Dutchess County, and featured narrow, undivided



Above: Taconic State Parkway, Chatham, NY 2012. Photo © Charles A. Birnbaum, courtesy The Cultural Landscape Foundation.

lanes. The Parkway had to be routed through mountainous terrain, which meant deep cuts into the earth were necessary. It was a time consuming task and meant that stone retaining walls and wooden guardrails had to be installed. Features on this section include rock outcroppings and plantings integrated with native ones. Bridges were narrow and rustic in nature, with large uncut stones laid with thick mortar.

From 1938 to 1955 work continued to complete the road through the remainder of Dutchess County and into Columbia County. In southern Dutchess County, the landscape opened up into rolling farmland and views of the Catskills. Landscaping with native plants continued and reforestation was used to enhance the native landscape. Bridges retained their stone facing, but become more regular and less rustic, and interchanges significantly larger and more fully developed.

The final portion of the Taconic in Columbia County took seven years and was completed in 1963. The route is slightly more elevated, and long views are predominant. Two overlooks provide views that are among the most stunning on a ride along the Parkway. Bridges are more contemporary and streamlined, and in some cases, designs combined steel structures with smaller amounts of

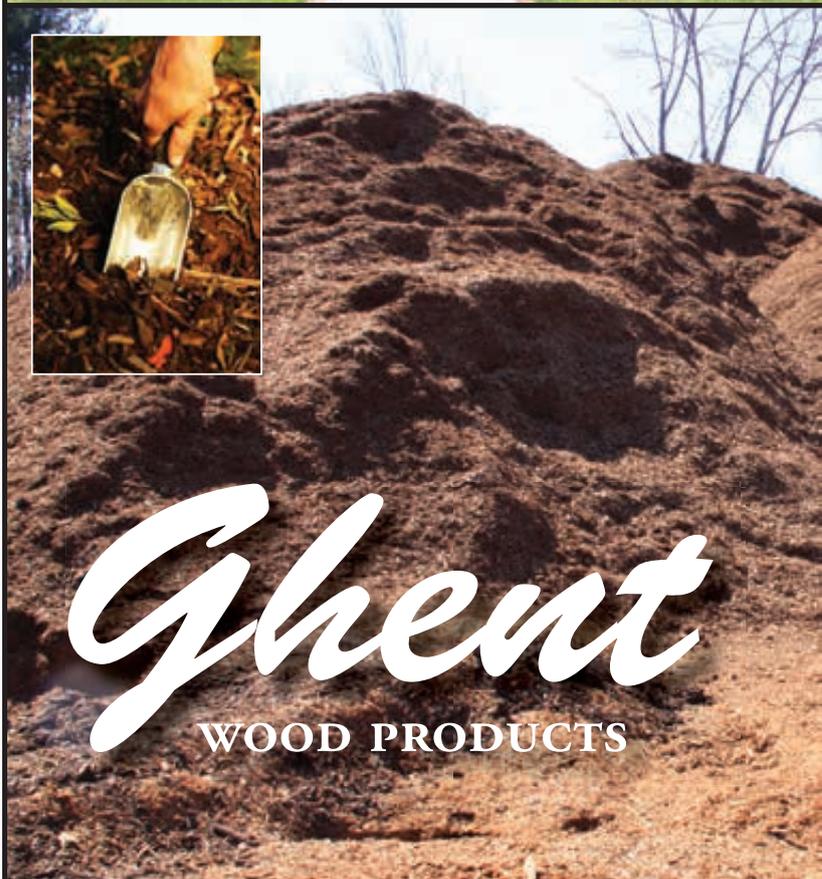
stone facing. The Parkway itself to this point was concrete but the last section was paved with asphalt.

“The Taconic is an unrivaled municipal parkway that is a textbook study in the planning and design of a linear road for pleasure, beauty, and enjoyment,” said Charles Birnbaum, President of The Cultural Landscape Foundation. “Realized over multiple decades by many of the leading landscape architects of the first half of the twentieth century, the Parkway, which was listed in the National Register of Historic Places in 2005, is also historically significant as it still possesses the design integrity, landscape character and passages of scenery, that was intended by its designers many decades ago. The results for the passenger range from self joyfulness to an overall calming effect – how often can you say that about in-town travel?”

Improvements, such as repaving, new guardrails, eliminating many of the road’s “humps” and widening the roadway in some areas took place after the entire Parkway opened and continue to this day in an effort to make the winding, hilly route safer. The Taconic State Parkway has remained a vital link to and from New York City and points north and south. ●

TIME TO TACKLE THOSE SPRING PROJECTS?

When it comes to spring projects, we've got you covered! We have numerous choices for exterior siding and decking materials, 100% organic bark mulch for your garden, as well as beautiful stones to choose from!



Ghent
WOOD PRODUCTS

518.828.5684 • 1262 ROUTE 66, GHENT, NY • WWW.GHENTWOODPRODUCTS.COM

Mountain Valley Farm: WHERE MILLERTON MEETS MONTANA

By Dominique DeVito
info@mainstreetmag.com

So much of an experience with horses can be summed up in these prophetic words by John Lubbock from his 1894 book, *The Use of Life*: “There is nothing so good for the inside of a man as the outside of a horse.” If you really think about it, cats are cool, dogs are delightful, but horses, well, horses ... horses are heavenly.

There are currently 14 horses at Mikael and Tiffany’s Mountain Valley Farm on Sawchuck Road just outside the town of Millerton in Dutchess County, and they’re ready for riders. Horses – and what an experience with and on them can do for you – are what the farm is all about.

Opened in 2015, it’s owned by Mikael and Tiffany Flynn who met, appropriately enough, through a mutual friend looking to ride. One thing led to another, which led to the property, which became the farm, which is now a place where riders at all levels can come to get in the saddle and get away. Trail rides are offered that are as short as one hour and as long as a weekend. And there’s land enough to accommodate them. Their property is 1500 acres, and they have access to another 4000+ acres.

At Mountain Valley Farm you won’t get the typical out-and-back trail ride familiar to most in the too-crowded stretch between New York City and Boston. Instead, Mikael and Tiffany want you to have an experience that is as close to being in the expanses of the American West as possible.



Howdy and hello

It all starts with a welcome at the barn area. I am greeted by a very friendly and fluffy orange and white cat who Tiffany and Mikael tell me is Garfield, and who quickly scampers away when their terrier mix Penny comes on the scene. We sit at a picnic table to talk, enjoying the early spring sun in a spot where I can see horses in paddocks to the left and the right. They’re mostly snoozing in the sun, soaking it up like we are.

Mikael talks about growing up in Pine Plains, where he cut his horseback riding teeth playing polo from a young age, even earning a scholarship to Cornell to play on its polo team. Polo is not a sport for the timid, and once it’s in your blood, it stays there. “Polo is like playing ice hockey on horseback,” he says. “You learn what you’re capable of, and what your horse is capable of, on a very competitive level.”

Mikael is no casual rancher settling for pleasure riding. He’s clearly tough, and talented, and focused. While all the riding at Mountain Valley is Western, Mikael’s fine-tuned horsemanship skills help even very beginners get comfortable with horses quickly, enjoyably, and safely. “The experience here is about going from scared to awesome,” he shares. “Riding is a totally sensory experience. It can take you to a place where time stands still, where you can leave your ‘other’ life behind. Guiding people through that,” he muses, “is extremely rewarding, and to achieve it you have to accurately gauge what people are comfortable with.”

Tiffany gives a knowing smile when Mikael talks about people’s breakthrough experiences with the horses. A confessed intermediate rider herself, she is, however, no stranger to the saddle – and clearly very much hands-



on with the horses. She grew up near Boston and in Texas, spending summers on Cape Cod, and cutting her professional teeth in Manhattan and Los Angeles. She’s savvy and smart, equally at home with the lifestyles of country and city, and clearly competent in managing the demands of both, which is what their customer base represents.

Happy horses, happy people

We start our tour of the barns in the tack room, where there’s a wood-burning stove and some old rocking chairs just begging to be sat in. People gather here before and after their rides to relax and chat. There are colorful saddles, saddle pads, and other equipment all along one of the walls, making a kind of living mural, and definitely giving you the desire to take one down, find a horse, and get going.

The barn with the horse stalls is beautiful. We stop to say hi to Doc and Super Hero, who Tiffany introduces with the pride of a parent, a tone I notice when she refers to any of the horses. I also see right away that these horses are not pokey ponies, they’re solid, sleek, and strong. Mikael



Above: Mikael and Tiffany Flynn, the owners of Mountain Valley Farm.

Continued on next page ...

and Tiffany explain that most of their horses are Thoroughbred/Quarter Horse crosses with Western roots, combing the traits of stamina with sure-footedness, which is what you want out on the trail.

“Safety is paramount with what we do,” Tiffany says, “for our guests and our horses. We won’t go out if there’s ice or too much mud. You can ride in the snow,” she adds, “but ice and mud are conditions for injuries, and nothing is worth that.” Another safety feature they are careful to secure is the individual rider’s comfort level. Young and beginner riders often start in the carefully constructed round pen behind the barns. It’s a small paddock built in a circle with boards that have no spaces in between them. The walls are about eight feet high, and there’s a one degree angle to the sides that prevents a rider from knocking his or her knees against the wall if the horse gets too close to the edge. “It’s a completely safe environment,” Mikael

explains, “because there are no distractions for the horse or the rider. It’s a place where they can get comfortable with each other before going out on the trail.”

Saddling up and moving out

The objective of all of this is, of course, to get onto the horse and to ride. Mountain Valley offers multiple options for rides, from short to long – even overnight. Check out their website for all the descriptions, but here are some examples to whet your appetite (they certainly had me itching to sign up).

“(1) Hour ‘Horse Sense’ lessons while riding the beautiful trails of the Hudson Valley countryside. Emphasis on balance, seat control, safe horse handling, and the do’s and don’ts of trail riding. Helmets are provided. A good start for the new trail rider. No nonsense nuts and bolts safe riding. They can also tailor the lesson to various levels.

“Half Day Trip: (4) Hour ride in the morning or afternoon, with lunch and coffee breaks on the trail. Allow extra time in your day schedule for the breaks. Our trails are extensive, cool forest, open valley trails, lakes, spring fed brooks and ponds. Bring your swimsuit and a towel. This is a good ‘get away from it all’ trip. Perfect for reconnecting with friends, making memories for families and loved

ones or even an experiential corporate outing. Enjoy a little piece of the real America, away from the hustle and bustle of the city.”

“Weekend Trip:” Start at 9am Saturday and end 6pm Sunday. All meals are included, with dinner at the trail head. Time for fishing, swimming, canoeing, nature rides, exploring, visits to local farms, or just R&R. The mountain camp is on Mt. Taconic in the Berkshires, a few miles from the Berkshires, a few miles from the Appalachian Trail. Good food, good company and tall tales around the campfire. What could be better?

“Sunset/Sunrise: (2) Hour trail ride, taking in the gorgeous vistas and the light dancing across the horizon. Thinking about popping the question or impressing a date? Highly recommended for that ultimate romantic experience.”

From the way they describe the trips it’s clear that the Flynns are completely committed to the experiences they want guests to have. They understand that one size doesn’t fit all, too, so they work with individuals or groups to plan something that is just right for them. They quickly recognized, too, that they wanted and needed to offer more to their experience-hungry guests – skeet shooting, fishing trips, even a yoga ride are all part of an expanded menu of offerings. There’s a lovely large barn that is filled with hay by winter but where, in summer and fall, they can hold parties ranging from birthday gatherings to catered dinners to bridal showers

and weddings. They hope to have a three-bedroom house on the property renovated and ready for rentals by summer.

Tiffany tells me, “Hospitality is really important to us, from what happens here where people gather to what happens on the trail. We work closely with everyone, and many of our guests become our friends.”

They have wine-and-cheese tastings in the evenings, people hang out by the fire pit, it’s all designed for pleasure and relaxation, and to create right here in upstate New York the kind of adventure you think is only possible in places like Wyoming and Montana.

My March visit wasn’t conducive to a ride for me, but I know that if I don’t book something soon, I might not get in a ride this summer or fall because their calendar is filling up fast. Mountain Valley Farm is a treasure of an equine adventure get-away. With warm weather and long days settling in, if you’re looking to feel good on the inside by experiencing the outside (of a horse and an amazing venue) then schedule something soon and, as their motto proclaims, “Ride On!” •

Want to get in touch with them? Mountain Valley Farm, 228 Sawchuck Road, Millerton, NY. Visit them online at www.mtnvalleyfarm.com, follow them on Facebook and Instagram, and make reservations by emailing info@mtnvalleyfarm.com or calling (212) 888-8545.



Above: Fun times are had on and off the back of a horse, and the views are something to write home about!

jam

food shop

food shop
bakery
jamwiches
soup
cheese
catering
prepared food
and more

located inside Sharon Farm Market
10 Gay Street • Sharon, CT 06069
860-364-2004 jamfoodshop@gmail.com

Did this winter wreak havoc on your home's electricity?

Get an Onan Back Up Generator System installed by Taylor Propane. Don't let a stormy winter wreak havoc on your home. Power outages due to winter and summer storms can knock out power for days. Don't get left in the dark. We install and service Onan Generators along with many other brands. Call today and get 10% off by mentioning this ad.



Heating Systems • Central A/C • Plumbing Services

1-800-553-2234 • www.GMTaylorOil.com

1-800-553-2234 • www.GMTaylorOil.com • "Like" us on Facebook: www.facebook.com/TaylorOilinc

Taylor Oil Inc., is a family owned and operated local business, serving the local communities for the past 86 years. Offices in Dover Plains, Pawling, Millerton, Pine Plains, Millbrook. "We're here to serve you!"



**52
MAIN**

BAR • TAPAS • RESTAURANT

518.789.0252 • 52 Main Street, Millerton • 52main.com

Residential & Commercial
Interior/Exterior Painting
Pressure Washing

Fully insured
Now accepting credit cards



L.A. Painting

Louis A. DeCrosta III
(860) 597-2997
louisdecrosta@icloud.com 

— SHARON —

AUTO BODY

Jim Young
OWNER
jim@sharonautobody.com

28 Amenia Road | PO Box 686 | Sharon, CT 06069
T: 860 364 0128 | F: 860 364 0041

sharonautobody.com

MAKE
TEATIME
YOUR TIME
www.harney.com



48 Main Street, Millerton, NY

Paintings & ceramics: **Kathy Wismar**

Paintings: **James Woodruff**

SWERVE 42" x 42" 2018 –
James Woodruff



WHITE KNIGHTS –
Kathy Wismar



GREAT FALLS 40" x 30" 2018 –
Kathy Wismar



KINDRED SPIRITS
Saturday, May 5 to Friday, May 31.
Opening reception, Saturday May 5, 6:00 - 8:00 PM
The gallery at North Elm Home
5938 North Elm Street (Route 22), Millerton, NY

THE LIFE & HISTORY OF

The Canaan Depot

By John Torsiello
info@mainstreetmag.com

Imagine the turn the 20th century. Passengers are lined upon a platform, awaiting the arrival of their train to take them to places far and wide, or perhaps just a jaunt up the line into the Berkshires or west into New York State. That was the scene that took place pretty much every day at historic Canaan Union Depot in Canaan, CT.

Well, we all know dramatic changes occurred in rail travel during the past 100 years; the passenger trains eventually stopped running to the Canaan Depot (which is actually in North Canaan), as they did to countless other stations around the country. Still, the architecturally significant and beautiful Canaan Depot remained, more a symbol of a bygone era than a functional building until it was renovated for commercial and retail space. Then in 2001, arsonists struck the Victorian-style structure, destroying almost half of the building before fire fighters from several towns halted the blaze and saved much of the building.

Revival and restoration

The Connecticut Railroad Historical Association purchased what was left of the building in 2003, and the organization began to restore it. Part of the building's shell and the tower were restored, but work then stalled for more than a decade due to lengthy negotiations to obtain grant money and other issues. The project finally picked up steam in 2014 and is nearing completion, which should take place sometime in late spring. A grand open house is planned for sometime in June.

In the glory years of rail travel, the building housed two railroad operations as well as a large restaurant. The station was added to the National Register of Historic Places in 1972. The restored Depot's exterior features interesting architecture, and the work has brought the Depot back as close as possible to its original design and appearance.

Better known as the oldest operating Union Station in the United States, the historic Depot was born in the heyday of the development of railroads in New England, according to the website, www.canaanunionstation.com.

A little bit of Depot history

In 1872 the Housatonic Railroad and Connecticut Western Railroad constructed the building at the junction in North Canaan. The Housatonic ran generally north to south, following its namesake river through the hills and valleys of western Connecticut and Massachusetts. The "Western" later became the Central New England, and eventually, both railroads fell under the dominance of the New York, New Haven, and Hartford.

The "Western" ran from Hartford, west to Poughkeepsie and the high level bridge across the Hudson River. This link created an all rail route north of New York City, and connected the coal fields of Pennsylvania to the factories of New England. Coal could flow northeast, while manufactured goods from the mills and forges of New England moved west and south.

The Canaan Depot was designed by the chief engineer of the railroad, but it's the wooden carpentry that makes the building exceptional. G.H. Bundy a cabinet maker and builder of coffins, of Lakeville is credited with the craftsmanship.

The website says the building featured exterior walls of board and batten siding, and two long wings are at right angles to each other at the diamond. A distinctive three-story tower (topped by a locomotive weathervane) allowed railroad telegraph operators a clear view down the right-of-way. Each wing was 90 feet in length and was occupied by the respective railroad companies noted above.

Graceful rounded arch windows were used throughout, and neat wooden brackets supported the roof and track side canopies. Curved back



Above, top to bottom: The Canaan Depot as it sat back in its heyday. Image courtesy of Wikipedia. The Depot as it sits today, its renovations being finalized and preparing to re-open. Image courtesy of the Depot's website.

Continued on next page ...



Above: The Depot as it sits today, undergoing renovations and preparing to re-open. Top image courtesy of the Depot's website, bottom image by John Torsiello.

benches once occupied the platforms for patrons who were changing trains. On the second floor was a large room that functioned as the station restaurant. It had a 20-foot long semicircular counter in place. In the days before railroad dining cars were commonplace, the Canaan depot lunch room satisfied many a hungry rail patron, claims the website.

Since service was discontinued

In 1971, passenger service was discontinued. Freight service would remain only until 1974, and the station was closed. The building was saved from demolition by a former Amtrak executive who purchased it and converted it to a retail center, which included a popular railroad-themed restaurant in the Central New England wing of the building. In 1980, the state "rail banked" the Housatonic track, and since 1983 a short line by the same name has been operating on the upgraded track, which is seeing increasing car loadings. The Depot was also home to a retail shop and office space before the 2001 fire.

The Depot today

The Depot, which was having its finishing exterior touches applied in early April, is a stunning, but subtle yellow that blends interestingly with green trim.

"We tried to replicate the original station as close as we could," said President of the Canaan Union Station Association Douglas Humes, a longtime First Selectman of North Canaan. The Association spearheaded the project and continues its fundraising and informational efforts. "The station sits right in the center of town and it was felt that we just had to save the building for the town's future. It took a lot of time, effort, and money (over three million dollars total) to bring it back to its original luster, but it was well worth it. There were times early on when we thought we might lose it forever. But once we purchased it and restored the exterior of the building we remained committed to finishing the project, although it did take some time and a two million dollar grant."

A number of governmental officials, including former U.S. Congresswoman Nancy Johnson, and former Governor Jodi Rell, as well as state senators and representatives, town officials, business owners, various organizations, and common citizens lent their support to the project through the years.

An anchor of the restored Depot will be the Great Falls Brewing Company, which will occupy a significant portion of the building. There will be meeting and office space and a 1,000-square-foot railroad museum, the latter likely to open sometime in June or earlier. A number of photographs and railroad artifacts have been gathered for display in the museum, which will be located in one floor of the building's tower. Above the museum will be a conference room that officials hope can be rented out for various purposes.

Great Falls Brewery owner, Alan Tripler, believes there will be a synergy between the various occupants and purposes of the restored Depot.

"People can come to the museum and then to the brew pub to enjoy a beer and relax. I'm envisioning 200 people coming into the brewery and

pub on a mid-summer day. We will have the bar with taps, tables where people can sit and also a deck where they can enjoy the outside."

Great Falls Brewery at the Depot

Tripler, a member of the teaching staff at Endicott College, began home brewing in 1993 and has been doing it "on and off" for 24 years. He views launching Great Falls (named after Great Falls in Canaan, where he and his wife, Margaret Banker, were married) Brewing Company as turning a page in his life.

Tripler lived and worked in Millbrook at an ecological research think tank (Institute of Ecosystem Studies) then moved to Pocatello, ID, to attend grad school (he received a PhD in biology from Idaho State University) until 2001. He now teaches in the Hotchkiss School (Lakeville, CT) "Portals" program, working with second- and third-year students on advanced field biology techniques.

Tripler, who is a partner in the brewery with several other "founders," is the managing member of the group. The plan is to brew beer in large vats at the Depot and sell it to customers in a cafe-like setting.

A centerpiece

First Selectman Charles Perotti, who was North Canaan Fire Chief during the 2001 blaze and who led efforts to contain the fire, said the restored Depot will be a centerpiece for the commercial hub of North Canaan.

"We are thrilled to have it back up and running. It was an important part of downtown before the fire and we hope the same will be true when it reopens. I can remember the morning after the fire a woman stopped by the scene with her husband. They were in the area looking at the foliage and said they came to the Depot and restaurant every year. She had tears in her eyes. It took a long time and a lot of work by a lot of people, but we are ready to reopen and we couldn't be happier."

When the Canaan Union Depot officially opens once again there will only be tears of joy flowing at the open house. ●



KOHLER®
IN POWER. SINCE 1920.

**WHENEVER THERE'S AN OUTAGE, YOUR
KOHLER® GENERATOR KEEPS YOUR LIGHTS ON,
YOUR FRIDGE COLD AND YOUR HOUSE COZY.**

OnCue * Monitoring Software – Get alerts and manage your generator from anywhere through computer or smart phone application

Generator Sales • Service • Installation

**Call for a free estimate
today... (518) 398-0810**

40 Myrtle Avenue, Pine Plains, NY
Berlinghoffelectrical.com

KOHLER®
IN POWER. SINCE 1920.

Authorized Dealer

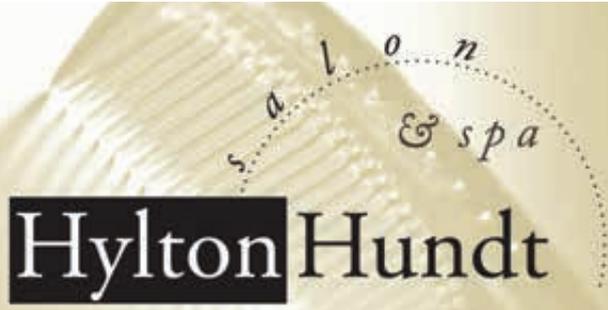


From the bottom of the well to the top of the glass...



*Drilled & Hydroflushed Wells
Installation & Servicing of Pumps
& Water Conditioning Systems
IGSHPA Geothermal certified*

JOE FLOOD, OWNER • (518) 325-4679 • ESWD@FAIRPOINT.NET
HILLSDALE, NY • WWW.EASTERNSTATESWELLDRIERS.COM
MASS. LIC. #101, 704 & 949 • NY. LIC. #10061 • CONN. LIC. #85 & 364



518.789.9390

Route 44 East | Millerton
hyltonhundtsalon.com

Spring in and check out our best selling birdhouses



Bird feeders, bird houses, bird seed, & so much more

(413) 644-9007 • www.wild-birdstore.com
783 South Main Street, Great Barrington, MA



Millerton Service Center

ASE Blue Seal of Excellence

Remote car starters are not just a winter accessory!

Michael D. Lyman
& Adam M. Lyman

Repairs & Service
Used Car Sales

518-789-3462 • 518-789-3488 fax
52 South Center St. • Millerton, NY 12546



COPAKE LAKE REALTY CORP.



Just in Time for a Copake Lake Summer! 4 BR, 3 BA, 2304 sf contemporary on 3 acres. The floor plan offers privacy and family gathering places. On the main level is the living room (with fireplace and vaulted ceiling), dining room, kitchen, two bedrooms, bathroom and laundry. The upper level hosts two en-suites. The lower level has a playroom (plumbed for additional bathroom), mud room, an entrance from the carport and garage/workshop for storage. HOA waterfront area for swimming and access to your dock slip. Asking \$445,000.

Lindsay LeBrecht, Real Estate Broker
Copake Lake Realty Corp.

285 Lakeview Road
Craryville, NY 12521

(518) 325-9741
www.copakelakerealty.com



GILDED MOON FRAMING

What can we frame for you?

17 John Street • Millerton, NY
518.789.3428 • gmframing.com

Rides like a dream

By Ian Strever
info@mainstreetmag.com

A few times a year, if I'm lucky, I will have dreams about riding my bike. In them, I feel no pain, no struggle uphill, and most of the time, I am mountain biking, launching off cliffs I would never attempt in my waking hours or threading through pines at speeds only possible in *Star Wars* movies. They are improbable, archetypal dreams that suffuse my sleep with bliss and leave me energized and eager to start the day, even if it's a dreary Monday in March.

The late Robin Williams was an avid cyclist, too, and must have had similar dreams. "Riding a bike is the closest you can get to flying," he said, and when we can do that in our dreams, according to dream interpreters, it can be construed as doing what we want in life – being in control of where we are going and how we are getting there.

Making dreams a reality?

What if we could take the best parts of those riding dreams – the graceful coasting and limitless freedom – and minimize the hard part of wrestling with the machine to get to the top of a hill? What if, with the flip of a switch, a rider could be ushered up the steepest incline to enjoy the next swooping descent? Sounds great, for sure.

It also sounds a lot like a motorcycle. Or a moped. Or a motorized scooter. In the past few years, however, some of the larger bicycle companies have blurred the line between self-propelled and motor-propelled machines with the marketing of "e-bikes" to the masses. Cannondale, Giant, Specialized, and Trek all have electronic models now that cost \$1,500-5000, but what exactly is an e-bike?

What's an e-bike?

To the average consumer, e-bikes don't look much different than normal bikes. Upon closer inspection,



tion, however, the down tube (the one that runs from the pedals to the front of the frame) is much thicker than on traditional bikes to accommodate a lithium-ion battery that can run for upwards of three or four hours, depending on use.

The entire bike is also much heavier – somewhere in the range of 45 or 50 pounds. Upon an even closer inspection, a small switch, usually located near the handlebar grip, is the control center for flights of fancy that recall dream sequences.

But how is this not a moped, motorcycle, or scooter? The trick is in the "pedal assist." E-bikes generally don't have a throttle, but more of an adjuster, and thanks to some high-tech sensors in the bottom bracket, the electric motor only engages when the rider is applying pressure to the pedals – the amount of assist depends upon the amount of force being applied. This allows for a more natural and progressive feel to the assist, which is also important for the rider's ability to maintain full control of the bike.

E-bike classifications

E-bikes are also defined by state law and regulation, which organize the machines into four categories. While all e-bikes are defined by providing assistance only when the rider is pedaling, Class 1 & 2 e-bikes have a 20 mph cap on speed, while Class 3 e-bikes top out at 28 mph, which is why they are banned in some major cities, including New York. Class 4 e-bikes exceed 28 mph and are also frequently banned because of safety concerns.

All classes of electric bikes are banned on many mountain bike trails, too. NEMBA (New England Mountain Biking Association) maintains a list of locations that currently permit e-bikes on trails. As a rule of thumb, they are allowed in places that allow dirt bikes and other motorized vehicles, but fortunately, Pittsfield State Forest, Beartown State Forest, and October Mountain State Forest all feature motorized trails, and all are within an hour of any *Main Street* reader.

Continued on next page ...

Above: E-bikes are the hottest – and most controversial – things on two wheels at Berkshire Bike and Board these days.



Controversy

One has to ask, though, “Why the ban?” Sure, safety is a concern. Having riders spook horses, zip past hikers, and launch into trees is undesirable, but any traditional downhill mountain biker can easily exceed 20 mph, with essentially the same dangers to self or others. E-bikes are essentially silent, so why relegate them to the same locations as more noxious machines? The answers to these questions unleash a Pandora’s box of ethical concerns that have made e-bikes one of the most controversial developments in cycling since clip-in pedals and blood doping.

Because in some ways, e-bikes are a kind of cheating. “Mechanical doping” has occurred in professional races, but in a sport where human performance advancements and human technological advancements so closely interact, the line between mechanical and unfair advantage can become murky. At present, e-bikes advertise themselves with their bulky downtubes and oversized

bottom brackets, but the technology already exists for more discrete motors. One company, Vivax, offers its Assist “Invisible Performance Package,” including motor and installation equipment for under \$3,000, which can be installed by a trained professional mechanic on many standard bikes.

To riders who log thousands of miles each year to strengthen their “natural” motors, this is obviously an affront. The idea of a frumpy weekend warrior cruising alongside a cyclist with wrought-iron calves is enough to send the enthusiast into apoplexy over the injustice. But if we proceed from an assumption of honesty about the usage of such motors, most of the ethical concerns disintegrate. If everyone were to use such motors, it would neutralize any advantage and allow the entire group to ride farther, see more, and possibly enjoy the experience more.

The positives and negatives

Now imagine the scenario of two riders with noticeably different fit-

ness levels. In order for them to ride together on traditional bicycles, one rider has to ease up or the other has to suffer more in order to keep the same pace. If the weaker of these two riders is on an e-bike, however, they can both ride at the same pace, with the stronger rider improving fitness while the weaker rider exercising when they might not have otherwise.

Preliminary studies on e-bike usage have supported this effect. One study in Norway provided 66 participants with e-bikes and tallied the number of trips and the distance covered in comparison to a control group of 160 riders on regular bikes. The results were that the e-bikers found themselves riding more often and longer than the traditional cyclists, with the greatest impact among women. There are many reasons for the increase, but the author of the study, Aslak Fyhri, points out, “In order to cycle to work every day you have to prepare, take care of logistics and perhaps change and shower when you arrive. To many people it is too much of a project. With an electric bike you reach greater distances in less time, and you may wear your ordinary clothes or a suit jacket since you don’t sweat. Many of the shorter trips done by car today may poten-

tially be done by e-bike.”

The environmental benefits, then, are plain in comparison to car travel, although one must account for the carbon footprint of powering up the battery in comparison to fueling up your body before a trip. Does the world spend more energy bringing electricity to my house than to bring me an energy bar before my ride? I’ll let the number crunchers spend the rest of the day calculating the relative impact of each, but it is safe to say that if I cut out a trip by car to the store or the gym, the planet is better off for my e-bike choice.

As an avid cyclist, I was skeptical about e-bikes. The endorphin rush of cresting a difficult climb and the avian feeling of swooping through a curve are hard to beat – and the silence of a traditional bicycle adds to the natural connection. E-bikes are not entirely silent, and I imagine I will always frown upon e-bike riders zipping past me uphill with the kind of Puritanical judgmentalism for which we New Englanders are famous. But if I can get past my own hang-ups, I have to admit that they are pretty fun, and once it stops snowing, I plan on taking the Giant Full-E+ out for a more thorough test ride. I hear it rides like a dream. •



Above, left: The lithium-ion battery integrates with the frame to provide an appealing aesthetic and hours of easier riding. Directly above: The cockpit of an e-bike includes a few more bells and whistles, but no confusing gadgetry.



north elm home

furnishing | accents | antiques



Let North Elm Home help you create your outdoor living space

Proudly Displaying Casual Furniture By Summer Classics and Barlow Tyrie

Hours: Tuesday - Saturday 10-6, Sunday 11-5

5938 North Elm Ave. • Millerton, NY 12546 • t: 518.789.3848 • f: 518.789.0234 • www.northelmhome.com





OVER MOUNTAIN BUILDERS, LLC.
30 years and still passionate! Quality craftsmanship delivered on time & within budget.

John Crawford
 P: 518-789-6173 | C: 860-671-0054
 john@overmountainbuilders.com
 www.overmountainbuilders.com

tristate antique restoration 

SPECIALIZING IN ANTIQUE FURNITURE RESTORATION



CONALL HALDANE | proprietor
 191 wilsie bridge road | ancramdale, ny 12503
 518 329 0411 | www.tristateantiquerestoration.com

W.B. CASE
 PLUMBING HEATING & AIR CONDITIONING
 LLC

15 years in business • Oil, Propane, Solar Thermal, Geothermal and Biomass heating systems • HVAC system design and installation • HS Tarm and Froling wood boiler dealer and installer • New construction, renovations and service of all Heating, Air Conditioning, Plumbing systems and well services

Williston B. Case III, Owner

SHARON, CT 860 364-2169
 Fully Insured / License # P1 0280455 SI 0390683 STC 0000179 HIC 0634668

Do you want to grow your business but aren't sure where to start? We can help! With expert design and marketing skills, we can help you grow your business.

DESIGN & MARKETING SERVICES:
 Branding & Identity Systems
 Print | Websites
 Environmental Graphics
 Apparel | Marketing | Hosting & SEO
 Social Media | Photography



518.592.1135 | 52 Main Street, Millerton, NY | www.thorunndesigns.com

We're revving up for Mother's Day & prom season



ROARING OAKS FLORIST
Unique designs created with personal attention.

(860) 364-5380
 349A Main Street, Lakeville, CT
 www.roaringoaksflorist.com

Art escapes

DAY TRIPPERS & WEEKENDERS SHOULD EXPLORE THE EXTENSIVE ARTS SCENE OFFERED NEARBY IN THE BERKSHIRES

By Regina Molaro
info@mainstreetmag.com

After saying goodbye to winter, we are all eager to embrace the balmy days ahead. With the summer season approaching, it's an ideal time to go for a country drive. The Clark Institute and MASS MoCA, which are both located in The Berkshires area of Massachusetts, offer extensive collections of art to suit every preference.

The Clark

Beyond the tree-dotted rolling landscape of Williamstown, MA, is the Clark Art Institute, which houses a permanent collection of more than 9,000 works of art. Inside, art devotees will uncover European and American paintings and sculpture, master prints and drawings, English silver, and early photography. The Clark also boasts one of the world's most significant collections of Winslow Homer as well as works by John Singer Sargent, George Inness, and Frederic Remington. Its vast collection is especially rich in French Impressionist and Academic paintings, and British oil sketches. It also includes decorative arts from the Renaissance to the early twentieth century.

Founded by Robert Sterling and Francine Clark, the Clark is the repository for the late couple's personal art collection. Robert, who was known by his middle name Sterling, was an heir to the Singer Sewing Machine Company fortune.

His interest in collecting art can be traced back to 1910. After a distinguished career in the United States Army, Sterling settled in Paris and began amassing art – an interest he may have inherited from his parents. In 1919, he married actress Francine Clark and they shared dual residences in New York and Paris. Throughout the years, they continued to collect.

After decades of collecting, the couple yearned to create a permanent, public home for their works. The Williamstown area held appeal since Sterling's family had roots at Williams College. After signing the institute's charter in 1950, the doors to the Clark opened in 1955.

A look inside

Beyond the Clark's impressive art collection, special events, lectures, films, and performing arts, it invites museum guests and the public to enjoy the picturesque beauty that surrounds its Berkshires location.

One of the distinctive aspects of the Clark experience is how it has successfully managed to merge an art museum, public park, and center for academic research. Its campus sprawls over 140 acres. People are lured by the scenic meadows, woodlands, and walking trails, which are widely used for picnicking, hiking, and other outdoors activities.

In 2014, a newly designed 42,600-square-foot Clark Center was unveiled, bringing added gallery space. It was designed by Tadao Ando – the Pritzker Prize-winning architect who is at the helm of the Japanese firm that bears his name.

In 2016, the Clark completed its multi-year expansion and renovation, which also included a redesign of the



Above: Claude Monet portrays a coastal scene in *The Cliffs at Etretat*. Below, left: Museums guests are lured by the mystery and seductiveness of John Singer Sargent's *Fumée d'ambre gris*. Images courtesy of The Clark.

grounds by Reed Hilderbrand Landscape Architecture. Serenity abounds at the three-tiered reflecting pool that spans one acre.

Highlights of the collection include more than 30 paintings by Pierre-Auguste Renoir. "Renoir was one of Sterling's favorite artists. The Clarks owned more paintings by Renoir than from any other artist," says Sally Morse Majewski, manager of public relations and marketing at the Clark Art Institute. The collection includes two self-portraits, which are very different in style.

The Clark's Four Seasons Room offers a view of Renoir's *Venus Victorious* sculpture with the reflecting pool just beyond it. When the museum was being built, the Clarks had an apartment on site and often had breakfast in this space.

"Homer was another of Sterling's favorite artists and he collected him in depth and with a very discerning eye," says Morse Majewski.

Other collection highlights include *Little Dancer Aged Fourteen* by Edgar Degas and John Singer Sargent's

Fumée d'ambre gris – the winner of the 50 Favorites survey, which aimed to determine the top picks among scholars, members, community members, museum directors, and public figures.

Throughout the years, the Clark's collection has expanded through numerous acquisitions as well as significant gifts and bequests, including the 2007 gift of the Manton Collection of British Art. It added significant holdings of British art, including paintings, oil sketches, watercolors, and works on paper by J.M.W. Turner, John Constable, and Thomas Gainsborough.

The Clark's upcoming summer exhibition program includes *Women Artists in Paris, 1850–1900*, which will be on view from June 9 through September 3. In alignment with today's mission for a more egalitarian world, the exhibit examines a key chapter in art history.

At the time, many women traveled to Paris to further their training

Continued on next page ...



and bolster their careers. Despite the city's many professional opportunities, gender norms remained conservative. Since women weren't permitted to attend the esteemed École des Beaux-Arts, they sought out alternative venues and opportunities. The exhibition presents works by Berthe Morisot, Mary Cassatt, and Rosa Bonheur as well as Anna Ancher, Lilla Cabot Perry, and Paula Modersohn-Becker.

From June 9 through September 16, *The Art of Iron: Objects from the Musée Le Secq des Tournelles, Rouen, Normandy* will be on view. Celebrating the beauty and craftsmanship of wrought iron, it will present 36 objects that were salvaged by the founders of the Musée Le Secq. At the time, wrought iron was being discarded and replaced with modern materials. The exhibition will showcase signs from shops, inns, and cabarets; architectural grilles; gates and balcony railings; and beyond. For more information and to view the schedule of events, visit www.clarkart.edu.

MASS MoCA: Contemporary Art

For a completely different, more contemporary art experience, visit MASS MoCA – a vast center for making and enjoying evocative art. The museum embraces all forms of art, including painting, photography, music, sculpture, dance, film, theater, and new, boundary-crossing works of

art that defy easy classification. This culminates in a dynamic, engaging experience.

The history of MASS MoCA's site spans more than 200 years of economic, industrial, and architectural development, tracing the trajectory of industrialism in New England. The 16 acres of grounds encompass a vast complex of 19th-century factory buildings.

Listed in the National Register of Historic Places, the site's 27 buildings form an elaborate system of interlocking courtyards and passageways, rich with historical association. Bridges,

viaducts, elevated walkways, and red brick facades lend a distinct architectural ambiance.

In May 2017, MASS MoCA nearly doubled its gallery space via partnerships with Laurie Anderson, the Louise Bourgeois Trust, Jenny Holzer, the Robert Rauschenberg Foundation, and James Turrell.

"Our 26 former factory buildings house nearly 4 miles-worth of art, which expands infinitely when you step into one of James Turrell's light installations, Laurie Anderson's virtual realities, or Sol LeWitt's maze of wall drawings," says Jasper Nash, who hails from the communications department at MASS MoCA.

On view is James Turrell's *Into The Light*, a major long-term exhibition (at least through 2019) of nine immersive light and space environments, which includes a dramatically scaled, perception-altering Ganzfeld and a major work from each decade of the artist's career.

Art devotees can also explore Laurie Anderson's exhibition, also on view at least through 2019. The multimedia artist and performer utilizes the facility to create and show new work, as well as exhibit archival video and audio material.

On view through 2033 is Sol LeWitt, *A Wall Drawing Retrospective*,

which features 105 large-scale wall drawings that occupy interior walls in a light-filled mill building at the center of campus.

"Year-round performances round-out the experience with big music, theater, comedy, dance, and film, shaking our campus 45 weekends a year. With the lively gathering of neighboring cultural institutions, restaurants, bars, and mountains, this little corner of the world has it all," concludes MASS MoCA's Nash. For general information, visit www.mass-moca.org; for information on events, www.massmoca.org/performances.

The Berkshires area is also home to other museum venues and performing arts organizations including Tanglewood's live music venue, Jacob's Pillow's international dance festival, and the Williamstown Theatre Festival. While visiting the area, day trippers or weekenders may also want to visit Williams College Museum of Art and Bennington Museum. The Clark offers a series of combination tickets, visit www.clarkart.edu/visit/hours (on the page, look under the Specials section). •



Above: Blue skies, a sprawling green lawn, and the soothing waters of the reflecting pool create a perfect backdrop for The Clark. (Credit: Jeff Goldberg, Esto). Below: Sol LeWitt, 2008, *Ongoing, Building #7*. (Photo: Sol LeWitt / MASS MoCa).



THE ARTS AT
HOTCHKISS

HOTCHKISS.ORG/ARTS
(860) 435 - 4423

May 5 - June 2

TREMAINE GALLERY — *Ex Animo: T. Klacsmann*. Reception: Saturday, May 5, 4 - 6 p.m. Relief prints and collages depicting the natural world and its creatures.

May 13, 7:00 p.m.

SPRING CHORAL CONCERT — Hotchkiss Chapel.

May 12, 6:30 p.m.

HOTCHKISS FILM FESTIVAL — Walker Auditorium. Student film competition.

May 25, 7 p.m.

HOTCHKISS ENSEMBLES, THE HOTCHKISS ORCHESTRA & RIGHT BRAIN LOGIC — Katherine M. Elfers Hall, The Esther Eastman Music Center.

SAVE THE DATE: July 15 - 29

SUMMER PORTALS PIANO CONCERT SERIES — Katherine M. Elfers Hall, The Esther Eastman Music Center. All concerts free admission. Visit our website for guest artist roster and concert times, available soon. hotchkiss.org/summer.

L to R: *Greed* by T. Klacsmann; Filmfest logo; Right Brain Logic jazz ensemble.



THE HOTCHKISS SCHOOL | 11 Interlaken Road, Lakeville, CT

Designated Driver of Dutchess

Be chauffeured in the comfort of your own car



(212) 203-9273 | scotus1962@gmail.com
Northern Dutchess & Litchfield counties

SUTTER ANTIQUES



www.sutterantiques.com

CLARK'S OUTDOOR SERVICES



LANDSCAPING & DESIGN • STONEMWORK & DESIGN • LAWN CARE
PATIOS • WALKWAYS • WALLS • MAINTENANCE • & MORE

ERIC CLARK

(518) 325-9098 • (518) 755-2774

WWW.CLARKSOUTDOORSERVICES.COM



MILLERTON AUTO & TRUCK SUPPLY



EVERYTHING FOR YOUR CAR AND MORE
NAPA BRAND QUALITY PARTS • FOREIGN & DOMESTIC

GET A FREE HAT

with this ad & a \$25 purchase during the month of May

HEAVY DUTY PARTS FOR TRUCKS - TRACTORS - MOTORCYCLES - ATVS

518-789-4474 • 6024 RT 22 • MILLERTON NY 12546
845-855-1630 • 556 RT 22 • PAWLING NY 12564

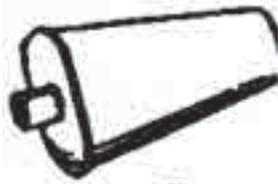


We're All Family Here.



FRESH • ALL NATURAL • MADE ON OUR FARM

518.398.6455
www.ronnybrook.com



NORTH EAST MUFFLER INC.

Custom Bending Up to 3 Inches

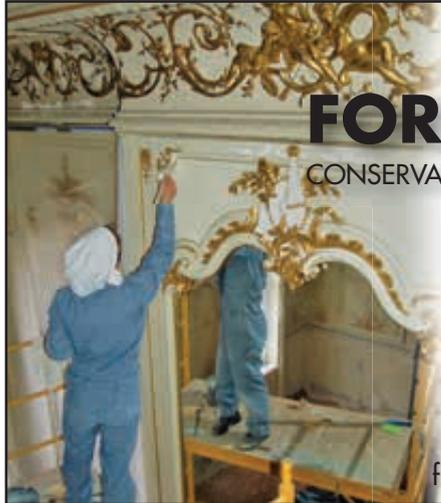
Open Mon.-Fri. 8 to 5; Sat. 8 to 1

Route 22, Millerton, NY

John Heck

(518) 789-3669

Cindy Heck



FOREGROUND

CONSERVATION & DECORATIVE ARTS

RESTORATION OF FINE ART

917.796.1447

foregroundcda@gmail.com
foregroundconservation.com

HOUSE

Plumbing Heating Cooling

Water treatment systems • Mini splits • IBC boilers • Triangle Tube boilers
Buderus boilers • Radiant installations • New construction, renovations & repairs

(518) 398-7888 • houseplumbing@yahoo.com

RECOGNIZED BY WHO'S WHO IN LUXURY REAL ESTATE



BLUEBERRY HILL

Built in 1780, this true Center Hall Colonial has had additions in 1830 and 1970 plus a massive renovation/restoration in 2014/15. Numerous updates include high end kitchen and baths, new roof, internal systems and more. Situated on 98.7 acres in a beautiful rural setting of fields, large pond and forest. Close to Millbrook village & Metro North. \$2,995,000. Call Marie-Laure Collins 845-677-5311.



MILLBROOK FAMILY COMPOUND

Wonderful family compound on a parklike 20 acres includes a charming 1875 Farmhouse, a spacious lodge (sleeps 8), pool, tennis court and large pond with a gazebo. Interiors just updated. Minutes to Millbrook Village. \$1,950,000. Call HW Guernsey Realtors 845-677-5311.



HICKORY HILL

Lovely 1790, 5 bedroom Colonial has undergone a custom renovation including a beautiful, new country kitchen, new master bath and wonderful, light-filled family room with fireplace. In addition there is a pool, tennis court and renovated barn with a guest room and bath plus workshop and garaging for multiple cars. The 65 acres is mostly open farm land with a stream. \$2,750,000. Call Candy Anderson 845-677-5311.



HW GUERNSEY
REALTORS, INC.

SINCE 1908

hwguernsey.com

A Heritage of Fine Homes and Property

Millbrook 845-677-5311

So. Columbia County 518-398-5344

Silver cake

WITH PINK FROSTING FROM
THE VINTAGE BAKER

By Jessie Sheehan
info@mainstreetmag.com

Pink is my favorite color and pink buttercream, my favorite “flavor” of frosting. I love it so much, in fact, that even if the cake layers it covers are not those of my beloved chocolate, I still might be tempted to partake. Moreover because I understand that not everyone feels as I do about chocolate (i.e.: that (almost) everything is just plain better if chocolate is involved), when writing my second cookbook, *The Vintage Baker*, I thought it only fair to include a white cake (but with pink frosting, mind you). The book will be published on May 15 and in celebration, I am sharing my white cake recipe, one of my favorites from the book’s pages: a cake I call the “Silver Cake with Pink Frosting.”

The Vintage Baker is a collection of over 50 recipes that I have compiled from my collection of vintage recipe booklets (i.e. advertising pamphlets that were distributed by baking ingredient companies to America’s housewives, between the 1890s and the 1950s). I have twisted and tweaked the recipes for the 21st century baker, streamlining a technique when necessary, adding more wholesome ingredients, when appropriate, and/or more flavor via a bit more spice or salt or vanilla. Each recipe headnote includes a little info about the booklet from which the recipe originated and about how and why I changed it. The book is illustrated with original vintage images from my pamphlet collection, as well as gorgeous “retro” photographs by Alice Gao.

Recipes for white cakes, cakes made without egg yolks and often referred to as “silver” or “moon” cakes, were fairly common amongst the pages of my booklets; are relatively easy to assemble; and really do make for the prettiest of birthday cakes. The frosting is a simple buttercream, made in

a bowl with a mixer (i.e. no cooking required), and although I do love it tinted pink, I understand you may want to go in a different direction and promise not to hold it against you.

For the cake:

2 1/4 cups cake flour, sifted
2 teaspoons baking powder
1/2 teaspoon baking soda
1 teaspoon table salt
1/2 cup vegetable shortening
1/4 cup unsalted butter, at room temperature
2 teaspoons pure vanilla extract
1 1/2 cups granulated sugar
1 cup ice water
4 egg whites

For the frosting:

1 1/2 cups unsalted butter, at room temperature
1/2 teaspoon table salt
6 cups confectioners’ sugar, sifted
2/3 cup whole milk or heavy cream
4 teaspoons pure vanilla extract
Red food coloring, optional (but so pretty)

Pink sanding sugar for decorating

For the cake:

Preheat the oven to 350°F. Grease two 9-inch-by-2-inch round cake pans with non-stick cooking spray or softened butter. Line with parchment paper and grease again.

In a medium bowl, whisk together the flour, baking powder, baking soda, and salt. In the bowl of a stand mixer fitted with the paddle attachment, beat the shortening, butter, and vanilla on medium to medium-high speed until light and fluffy, 2 to 3 minutes, scraping down the bowl with a rubber spatula as needed. Add the granulated sugar and continue beating for another 3 to 5 minutes, until the mixture doubles in volume.

Decrease the speed to low and add the dry ingredients in three additions, alternating with two additions



Photo credit: Alice Gao

of the water, scraping down the bowl as needed with a rubber spatula. Stop the mixer when there are still streaks of flour in the batter.

In a separate large bowl, and using a hand mixer (or, if you do not have a hand mixer, transfer the cake batter to a separate large bowl, wash the bowl of the stand mixer and, using the whisk attachment) beat the whites on medium high speed until stiff peaks form. Add the stiff egg whites in three stages to the batter, gently folding them in with a rubber spatula.

Transfer the batter to the prepared pans and bake for 20 to 25 minutes, rotating at the halfway point. The cakes are ready when a cake tester comes out with a few moist crumbs and the cake has just started to come away from the sides of the pan. Let cool for about 20 minutes, and invert the cakes right-side up onto cooling racks. Let the cakes cool to room temperature. The cake layers can be tightly wrapped in plastic wrap and stored on the counter for up to 1 day.

For the buttercream

In the cleaned bowl of the stand mixer fitted with the paddle attachment, beat the butter on medium speed until smooth and soft. On low speed slowly add the salt and 2 cups of the confectioners’ sugar, scraping the bowl periodically with a rubber spatula. Add one-fourth of the milk and mix

until incorporated. Continue mixing in this manner, adding the remaining confectioners’ sugar and milk, until the frosting is fluffy and spreadable. Add the vanilla and a few drops of food coloring, if using, and continue mixing on medium-low to medium speed for at least 5 minutes, until fluffy and stable. A longer mixing time results in exceptionally fluffy frosting. The frosting will keep on the counter in an airtight container for up to 1 day, but may need to be re-whipped in a stand mixer before using.

Generously frost the cooled cake layers with the buttercream, using an off-set spatula or butter knife. If you do not want a thickly frosted cake, you will have leftover frosting (and we will no longer be friends). Sprinkle sanding sugar on top of the first frosted layer, before placing the second on top of it, and on the top and sides of the frosted cake once you are done. Slice the cake using a long serrated knife. The cake will keep, lightly covered in plastic wrap, on the counter for up to 3 days. ●

Jessie is a baker and cookbook author; you can learn more about her through her website jessiesheehanbakes.com. The Vintage Baker is available for preorder on Amazon.com and will be available for purchase wherever books are sold. Additionally, Jessie will be signing books on Saturday May 12, at Oblong Books in Rhinebeck, and would love to see you there.

SHELDON MASONRY & CONCRETE LLC
 "All phases of masonry construction"

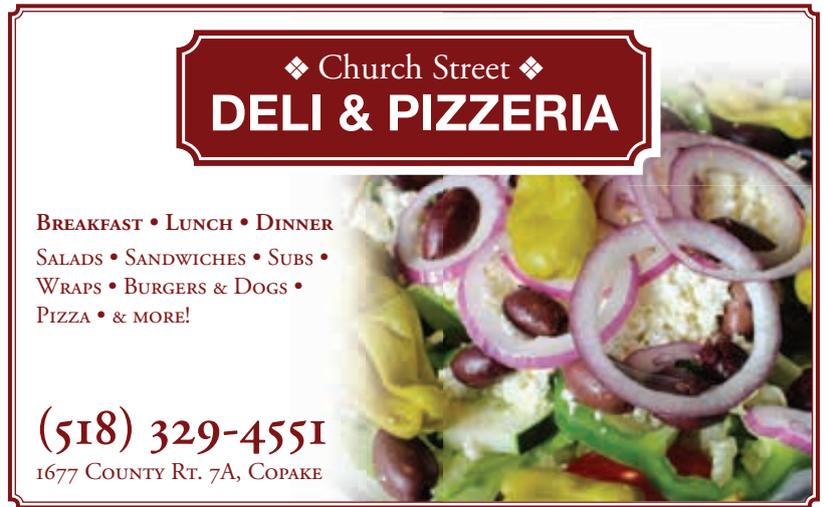


Lakeville, Salisbury,
 Millerton & beyond

Stonework | Brickwork | Blockwork
 Poured concrete foundations & slabs
 Insured | Free Estimates

Matt Sheldon | 860.387.9417 | sheldonmasonry.com
 sheldonmasonryconcretelc@gmail.com

◆ Church Street ◆
DELI & PIZZERIA



BREAKFAST • LUNCH • DINNER
 SALADS • SANDWICHES • SUBS •
 WRAPS • BURGERS & DOGS •
 PIZZA • & MORE!

(518) 329-4551
 1677 COUNTY RT. 7A, COPAKE

Lightning Protection!



ASSOCIATED LIGHTNING
 Rod Company, Inc

518-789-4603
 845-373-8309

www.alrci.com

R&R
 Servicenter, LLC



Steve J Mosher
 845.868.7858 O
 914.474.5206 C
 845.868.2276 F

Specializing in: Ponds, Landsculpting, Riding Arenas, & Roads



MCENROE
ORGANIC FARM
Family owned and organic since 1987

5409 Route 22, Millerton, NY 12546
518.789.4191

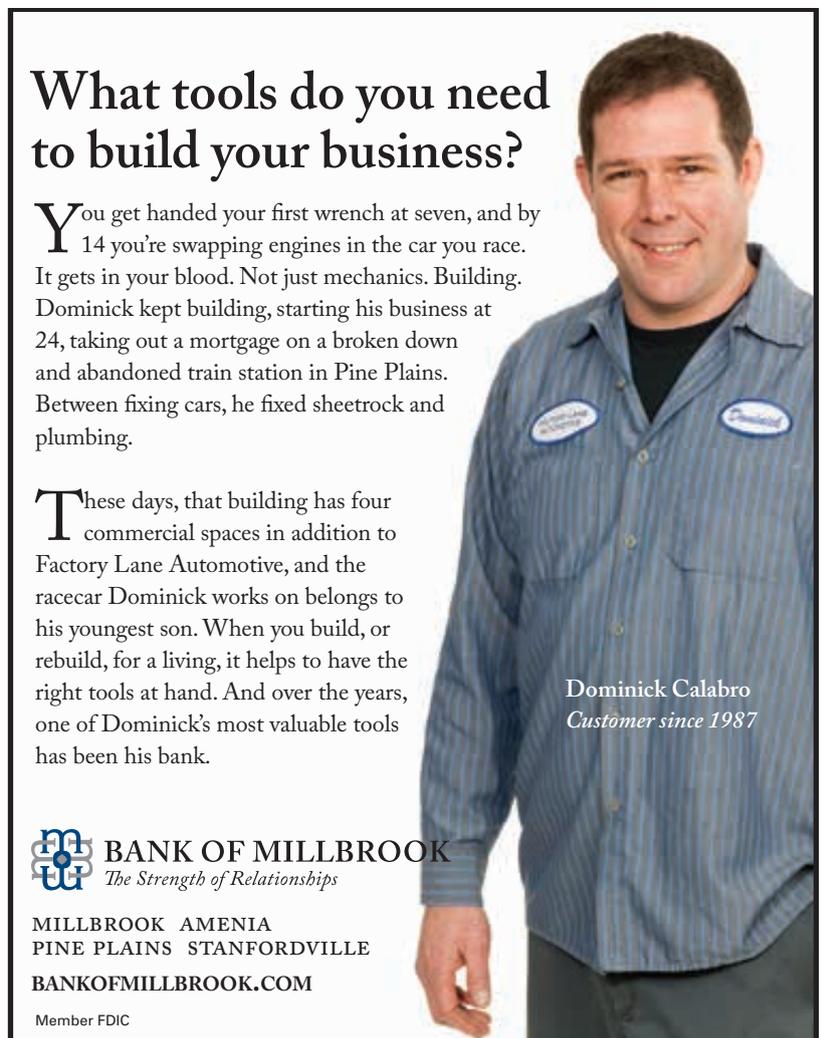
Farm Market & Bakery
Certified Organic Meats & Produce
Daily Lunch Specials
Nursery Plant Starts
Organic Soils & Compost

Visit our website for hours,
 events & specials at:
mckenroeorganicfarm.com

What tools do you need to build your business?

You get handed your first wrench at seven, and by 14 you're swapping engines in the car you race. It gets in your blood. Not just mechanics. Building. Dominick kept building, starting his business at 24, taking out a mortgage on a broken down and abandoned train station in Pine Plains. Between fixing cars, he fixed sheetrock and plumbing.

These days, that building has four commercial spaces in addition to Factory Lane Automotive, and the racecar Dominick works on belongs to his youngest son. When you build, or rebuild, for a living, it helps to have the right tools at hand. And over the years, one of Dominick's most valuable tools has been his bank.



Dominick Calabro
 Customer since 1987

 **BANK OF MILLBROOK**
The Strength of Relationships

MILLBROOK AMENIA
 PINE PLAINS STANFORDVILLE
BANKOFMILLBROOK.COM
 Member FDIC

Framed by the windows on a train

THEO COULOMBE AND STANDARD SPACE GALLERY

By *CB Wismar*
info@mainstreetmag.com

Theo Coulombe is a rolling stone but, not in the fashion of the Bob Dylan diatribe. He is much too sensitive and aware of the world around him to be “on your own ... with no direction home.” It is rather in a grander scope of “...gathers no moss” that Theo moves comfortably and graciously, perpetually on the move, living as an artist without any pretense.

His newest incarnation, as the gallery owner behind “Standard Space,” an open and inviting art space in the heart of Sharon, CT, provides Theo with the welcome opportunity to open the eyes and minds of his visitors to the world he has been so fond of exploring and to continue to create his own, remarkable photographic art.

Along with his gallery, which is emerging as a magnetic draw for those wanting to explore the invited mid-career and emerging artists, Theo is an accomplished, even daring photographer. A visit to his website (www.theocoulombe.com) will encourage exploration of studio work, landscapes, architectural pieces, and evocative mood images that each ignite their own story.

“The gallery isn’t a representational place. It’s a project space that invites artists to show their work



Above: Standard Space Gallery in Sharon, CT. Below, left: The artist, the gallery owner, Theo Coulombe.

and invites the audience to explore and enjoy.”

Have camera ... will travel

From a childhood filled with an eagerness to explore and to imagine through receiving his undergraduate degree from Paier College of Art in Hampden, CT, and his MFA from prestigious Cranbrook Academy in Bloomfield Hills, MI, into the highly competitive world of professional photography, Theo has allowed his sense of wonder to support his penchant to wander.

“Cranbrook was an amazing experience,” recalls Theo with the sparkle in his eye belying the savory artistic mix of rebel, artist, and genuine friend. “The professors weren’t interested in being didactic ... and I wasn’t keen on listening to someone talk at me. We became engaged with structure and requirements for our art without losing our identity.”

His student travels took him far afield, spending time in Istanbul and using his experience of “seeing landscapes through the windows of trains rolling across Europe” to inspire his graduate thesis – and

continue to whet his appetite for travel. The framing of those train windows – forcing perspective to the horizontal frame – gave Theo a fresh perspective on what his photography could mean.

A man of many talents and skills, Theo worked for a time on the Appalachian Trail in Skowhegan, ME, spent time as a builder and both studied and taught at New York’s New School.

Home may now be Sharon, but his wanderings have taken him across Europe and the Far East, stopping for extended periods in Budapest, where he was perfectly content to “pass through,” but ended up staying and finding gainful employment. “The rent was \$300 a month and my job was working in a stock photo library — researching and cataloging thousands of images. It was an amazing time.”

With dear friends living there, Theo finds the opportunity every other year to spend time in “the Pearl of the Danube.”

The next 22 years

When he eventually decided to leave Hungary and settle into his

chosen profession, it was in a studio loft in the Williamsburg section of Brooklyn, “the capital of hipster” as he calls it. In the early 90s, Brooklyn was a new frontier: a landscape of loft buildings, warehouses, and the occasional park that provided inexpensive housing for artists and the sense of community created by pioneers.

One reassuring fact about diving into the Brooklyn “scene” was that a close friend and fellow Cranbrook graduate, designer and artist Rafe Churchill and his wife, Heide Hendricks were already there.

It was in a 2500-square-foot loft space that Brooklynphoto Studio took root. Days were filled with working for some of the greatest names in fashion and high end retail. Theo had a gift of creating razor sharp images with creative treatments that brought the likes of Ann Taylor, Major League Baseball, L’Oreal, Ralph Lauren, and Saks back to his studio again and again.

Continued on next page ...



Art ... but for one night only

But as artistic as his studio work might be, there was the rambling spirit of the artist that continued to drive his imagination. So it was that he created the *One Night Only* Art Series in his loft and invited the collection of emerging artists who populated the area to have a place to show their work.

Twice a month, the shows became a vibrant dialog with the community, and the broader art world. Artists, writers, actors, dancers all found their ways to *One Night Only* shows and Theo's reputation as both an artist and a curator grew, exponentially.

With art hung on the walls, it seemed most logical that Theo would turn his camera to capture the displayed images. He became associated with legendary photographers John Coplans and Paul Garrin, photographed art for high end galleries, took courses at The New School and saw his work presented in the Tang Teaching Museum at Skidmore College, the Imperial War Museum in London, and The Aldrich Museum in Ridgefield, CT. Then, everything changed.

Rent! ... not the musical

The building that had been home for over 20 years and had spawned so many nights of creative energy was sold and, confronted with the reality of an astronomical raise in the rent, Theo Coulombe became, once again, a rolling stone.

"I knew that the Brooklyn chapter was over, and it was time to move on," he says with the resignation of an individual who may not like what fate has dealt, but realizes that fighting is futility. With friends scattered throughout the Tri-state area, Theo started "connecting the dots" and exploring what might be next.

"I had spent weekends with Rafe and Heide at their home in Sharon and knew I loved the area. The landscape of Northwest Connecticut reminds me of one of the most magical places on earth: the Ardennes Forest in Belgium and Luxembourg." So he looked around.

"This isn't happening!"

Encouraged by his brother, himself a Connecticut resident and insurance executive, Theo explored available properties. It was almost a fluke that one weekend included a visit to what had been, 12 years before, an antique shop. "I had no intention of really staying here ... but in two weeks, we had bought the building," and the rolling stone took another revolution.

"My first reaction was 'this isn't happening!'" But, with the exquisite eyes of Rafe and Heide and his own imaginative streak, an otherwise silently empty building was transformed into living space and Standard Space.

An inquiry into the basis for the name brings a smile to Theo's



Above: *Moon and Barn*, photograph by Theo Coulombe. Below, left: Peter Kirkiles sculpture at Standard Space.

face. "There's a shorthand in the art world. Galleries are often called 'white boxes,' or referred to as a 'standard space.' There are standard lenses in photography, performance standards in acting and dance. This gallery is my effort to cast a wide net and provide access to the art world for a broader community. It's a 'standard space.'"

Settled – at least for a time – Theo has resumed creating art with his camera. He explores the countryside, searching out the barn, the river, the hillside that challenges his view. "My view of this landscape is wide and the best I can do to encapsulate any given scene is place a rectilinear frame with my 8x10 view camera. In the end I'm subverting the landscape to my purposes. Perhaps no one will see it the same way, or choose the same frame, in fact the same elements may not be there a minute, an hour, or day later."

Standard Space on the Sharon Green is open, tastefully appointed and classic in its appearance. Several artists, friends Theo has known for years and newly discovered local tal-

ents have been invited to show their work in the gallery. Recent shows have featured two New York artists, Lisa Warren and Rachel Frank, both award winners and each in high demand as "artist in residence" at schools across the country, and Kent resident sculptor and printmaker Peter Kirkiles.

"The range is eclectic, but that's how the conversation begins," suggests Theo as he approaches the summer and the influx of transplanted New Yorkers familiar with the fulsome gallery world of the five boroughs and ever curious to see what is new, different, and engaging. Pressed to describe his career, Theo acknowledges his penchant for "thinking in a non-linear fashion and having the ability to change and adapt." One might sum it up as celebrating the fact that Theo Coulombe – is a rolling stone. •

To see Theo Coulombe's work, visit his website www.theocoulombe.com. Standard Space is located at 147 Main Street on the Sharon, CT green. Gallery hours are Friday through Sunday, 12 to 5pm or by appointment (917) 627-3261. Visit the gallery website at www.standardSPACE.net.





Get advanced orthopedic care. And get back to life.

At Sharon Hospital, all of your orthopedic needs can be met close to home. From sports medicine and pain management to minimally invasive surgery and rehabilitation, we're keeping our community healthy and active.

Take our hip and knee assessment at healthquest.org/sharonortho



LAKEVILLE INTERIORS
HOLLEY STREET,
LAKEVILLE

Celebrating 33 Years In Business!

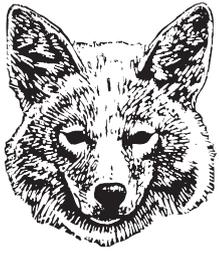


845-373-9757

4228 Route 22 Wassaic, New York 12592

Foreign, Domestic & Diesel Auto Repair
24/7 Towing & Roadside Service

Hours: M-F 8-5 Sat. 8-Noon
www.jacksautoservice.com



**COYOTE HILL
NURSERY, INC.**

**WHOLESALE
TREES • SHRUBS**

155 LIME ROCK RD. LAKEVILLE, CT 06039
NURSERY@COYOTEHILLNURSERY.COM
WWW.COYOTEHILLNURSERY.COM
860-596-4114

BRICK BLOCK Auto Parts

Auto parts • Accessories Tools • Equipment



*Paints & lubricants sold to
businesses and individuals
High quality brand name
merchandise*

*Open Mon-Fri 7.30-6, Sat 7.30-3, Sun 9-1
12 Main Street, Millerton, NY • 518 789 3696 • brickblockautoparts.com*

**Berkshire
ROOFING &
GUTTER CO.**

*"We like your smile
when we're done."*

413-298-1029

www.bgrco.net

Mike Linde, P.O. Box 436, Great Barrington, MA

RESIDENTIAL ROOFING SPECIALIST

Written estimates • Fully insured • Owner Installed

SEAMLESS GUTTERS

Copper & Galvanized • MA LIC #145878 • CT LIC #0646967



GORDON R. KEELER

APPLIANCES

Appliance sales & service since 1930

SUB ZERO • MONOGRAM • WOLF
SPEED QUEEN • GE CAFÉ • GE PROFILE



3 Century Blvd., Millerton, NY 12546
518-789-4961 • 518-789-4813 • 518-789-4252 fax



**UPCOUNTRY
SERVICES**

OF SHARON

**CELEBRATING
30 YEARS OF
EXCAVATION,
LANDSCAPING,
& GROUNDS
MAINTENANCE**

GROUNDS MAINTENANCE:

Lawn care • Spring & fall clean up • Edging,
mulching, bed maintenance • Lawn fertilizer, weed
& disease control • Field mowing • Complete
property management • Commercial snowplowing,
sanding & magic salt

LANDSCAPING:

Paver terraces / walkways • Retaining walls •
Lawn renovation & Installation • Shrubbery & tree
planting • Fencing • Landscape construction

EXCAVATION:

Excavators, backhoes, dumptrucks • Drainage •
Water & electric lines dug • Landclearing •
Driveway construction & repair • Power stone rake

**BBB • A+ • LICENSED/INSURED/BONDED • ALL CREDIT CARDS
ACCEPTED • CT & NY PESTICIDE LICENSE • HOME IMPROVEMENT
CONTRACTOR # 514325**

**860 364 0261 • 800 791 2916
www.upcountryservices.com**

Pasture Raised
Lamb and Pork

Farm Fresh Eggs
and Vegetables

Black Welsh Mountain
and Gotland Sheep



**Farm Stand Open
Monday - Sunday 8 - 6**

**Black Sheep Hill Farm
1891 Route 83
Pine Plains, NY 12567
www.blacksheephill.com**



The Millbrook Literary Festival



By Betsy Maury
info@mainstreetmag.com
 All images courtesy of
 Curtis Schmidt, Northern
 & Southern Dutchess News

Once spring starts to come in full force for the Northwest Corner we will start to look forward to the many community cultural events outdoors, on rolling landscapes and in charming hamlets. After the long winter, the chance to meet with neighbors and friends around a shared passion – food, the arts, or local history – in an easygoing festival is an essential attraction of our region.

On May 19, Millbrook Library and Merritt Bookstore will host the 10th Annual Millbrook Literary Festival, a popular event that brings together local and national authors, editors, journalists, and poets in a one-day program of panels, readings, and talks on all things literary. This year's festival will include a talk with honorary chair and friend of the festival, Michael Korda. Korda is a best-selling biographer and novelist as well as former editor-in-chief of trade book publisher Simon and Schuster.



About the festival

The festival has its roots in Scott Meyer who, as committed book lover and founder of the Merritt bookstore in Millbrook initiated a festival to share his love of books and reading with his community in 2008.

Meyer's passion for books and the commitment of many like-minded volunteers helped cultivate connections between writers and area readers. His legacy is the continued popularity of the festival which each year brings together a large crowd of book enthusiasts who enjoy readings, programs, and workshops on a wide range of topics.

Merritt Bookstore has remained an active supporter of the festival over the years, helping to bring familiar and new authors to the attention of visitors. Featured authors – from biographers to novelists to children's book authors – span the genres each festival year and many are nationally known.

For anyone who's been to Millbrook, Merritt Bookstore is one of the village's most vibrant shops and a necessary stop for book lovers. It's stocked with a rich selection of

books from both mainstream and independent presses and staffed with knowledgeable booksellers.

The Scott Meyer Award and other writers' competitions

Each year in honor of Meyer, the festival sponsors a writing contest in a selected genre that is open to all Hudson/Harlem writers over 18. This year's Scott Meyer Award will be in poetry and will award cash prizes for unpublished work.

The annual Young Writer's Showcase will also focus on poetry this year and is open to children eight to 18. The winning young poet will see his or her winning poem published online and will receive a gift card prize to the Merritt bookstore.

The Festival's annual Young Writers Showcase will also be focusing on poetry. Children aged eight to 18 can become a part of the Millbrook Literary Festival's 10th anniversary celebration by submitting an original poem to this year's competition. Finalists will be included in the Young Writers Showcase 2018

Continued on next page ...

online publication, and three gift cards to Merritt Bookstore will be awarded in two age groups; eight to 12 and 13 to 18.

Talks and book signings

Talks, readings, and book signings are the highlighted events of the day at the festival, though visitors always enjoy the easygoing country atmosphere and rural charm of Millbrook by staying in the village, visiting local shops, or taking in a meal.

Many Millbrook merchants support the festival in various ways helping to make it a real village event. Longtime attendee Robert McHugh said, “The Millbrook Literary Festival is one of the high points of the Millbrook cultural calendar. I’ve heard talks on *Lawrence of Arabia*, the Yalta Conference, and the American Revolution in various ways.”

Talks often bring together nationally known writers with local area specialists such as a panel on Hudson Valley History in 2015. Talks are always “informative and engaging” McHugh told me. For many in the Harlem/Hudson valley an event that brings an independent bookstore together with the local

library is exactly what rural community life is all about.

Special events at this year’s festival

Many special events are being planned for this year’s festival in celebration of its 10th anniversary, including a highlighted talk with Honorary Festival Chair Michael Korda, bestselling author of *ALONE – Britain, Churchill, and Dunkirk: Defeat into Victory*; and *Catnip: A Love Story*. Other featured authors include Jennifer Donnelly (*Fatal Throne*), Bradford Morrow (*The*

Prague Sonata), and Andrew Revkin (*Weather: An Illustrated History, from Cloud Atlases to Climate Change*). Native American authors Evan Pritchard and Joseph Bruchac will present a talk on how indigenous language is reflected in their poetry and other writings.

Help pitching book proposals

As in the past, this year will include a discussion on how to pitch book proposals featuring literary agents April Eberhardt and Emma Sweeney. Literary agents and editors have often participated in the festival to discuss the state of publishing, the acquisitions process, and other aspects of bringing books into the world by sharing their industry knowledge. For writers aiming to understand the idiosyncrasies of traditional publishing, these talks can be valuable in charting a successful course toward publication.

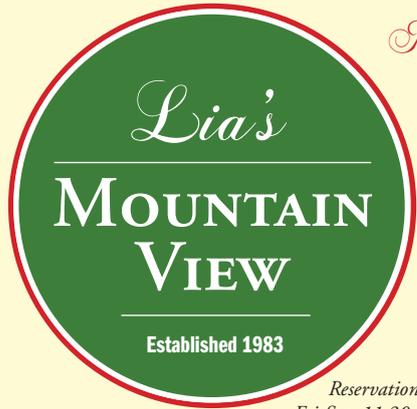
Events just for kids

Children are never neglected at the Millbrook Literary Festival and throughout the day, there will be picture book readings for young children, young adult readings for teens, and many authors and illustrators under the tent at the Millbrook Library on Franklin Avenue. Readings such as these give children the chance to engage with authors on an intimate level while giving authors a chance to see their words light up children’s eyes.

The Millbrook Literary Festival is an area event that brings to life the vision of the community of book lovers in Millbrook who began the project ten years ago and continue to celebrate books today. ●

To learn more about the festival and or to see the website for a full schedule of events, please visit www.millbrookliteraryfestival.org.





Make reservations early for Mother's Day, patio opening soon, book now for summer parties!

HOMEMADE EVERYDAY ITALIAN FOOD
CATERING • GRADUATIONS & PARTIES
OUR OUTDOOR PATIO OVERLOOKS
STISSING MOUNTAIN!

*Reservations suggested. Hours: Tues-Thurs: 11.30am-9pm
Fri-Sat: 11.30am-9.30pm • Sun: 4pm-8.30pm • Closed Mon*

518-398-7311 • WWW.LIASMOUNTAINVIEW.COM • 7685 RT. 82, PINE PLAINS, NY

Michael D. Lynch*

ATTORNEY AT LAW

106 Upper Main Street • PO Box 1776 • Sharon, Connecticut 06069
(860) 364-5505 • Mlynch@MichaelLynchLaw.com
www.MichaelLynchLaw.com

* Also admitted in New York State

WES
845-605-1099
AUTOBODY

- 24 Hour Towing
- Aluminum and Steel Welding
- Insurance Claims
- Complete Auto Body Repair
- 4x4 Truck Accessories
- Environmentally Friendly

3718 Route 44, Millbrook, NY 12545 www.WesAutobodyWorks.com

Lindell Fuels, Inc.

Fuel Oil • Propane • Heating
Air Conditioning

CT Registration # HOD.0000095
CT License # HTG.0690604-S1 | CT License # PLM.0281220-P1



P.O. Box 609 | 59 Church Street
Canaan, CT 06018
860 824 5444
860 824 7829 fax



Millerton Agway ... a full line dealer for Husqvarna and Stihl power equipment. From riding mowers to string trimmers, push mowers to blowers. We have it all and service what we sell and stock parts. Available only in our Millerton, N.Y. location.



VISIT YOUR LOCAL AGWAY:
Route 22 in Millerton, NY • Route 23 in
Great Barrington, MA • Route 9H in
Claverack, NY • Route 66 in Chatham, NY

HOURS:
Monday-Saturday: 8:00 AM-5:00 PM
Sunday: 9:00 AM-3:00 PM

For more savings & information:
(518) 789-4471 or www.agwayny.com

Kubota's RTV X-Series: Redefined. Rugged. Ready.



RTV-X1100C

Bring on the rain, snow, heat and wind. You'll stay comfortable in the RTV-X1100C's luxurious, fully-enclosed, factory-installed cab with air/heat/defrost and more. Powered by a rugged 24.8 HP* Kubota diesel engine.



RTV-X900

Truck-inspired styling. Improved suspension. Higher ground clearance. More legroom. Plus a rugged 21.6 HP* Kubota diesel engine. America's top-selling diesel utility vehicle is now even better!



RTV-X1120D

Power through tough workloads. Glide over hilly, bumpy or rocky terrain. It's easy with a 24.8 HP* Kubota diesel engine — plus Extra Duty Independent Rear Suspension (IRS) found on all RTV X-Series models.

Columbia Tractor, Inc.

841 Rte 9H
Claverack, New York 12513
518-828-1781



www.kubota.com
*For complete warranty, safety and product information, consult your local Kubota dealer and the product operator's manual. Power (HP/KW) and other specifications are based on various standards or recommended practices. Optional equipment may be shown.
© Kubota Tractor Corporation, 2016





Close, convenient care,
just minutes from here.

CMH Rapid Care COPAKE

CMH RAPID CARE COPAKE
283 Mountain View Road,
next to the Copake Memorial Park
Open Daily from 9 a.m. to 7 p.m.

GREAT CARE IS CLOSER THAN YOU THINK.
At CMH Rapid Care, Copake, we know that life doesn't always wait. That's why we offer you convenient access to the expert care you expect, right when you need it.

- Walk-in medical care, no appointment necessary
- Immediate access to CMH specialty Care
- X-ray and lab services right on site
- Free Wifi

Find Out More at:
CMHRapidCare.com

CMH
Columbia Memorial Health

The March on Washington

By Madison Smith
info@mainstreetmag.com

Parkland. Littleton. Jonesboro. Newtown. Sandy Hook.

On March 24, 2018, thousands of people took to the streets of Washington, D.C. to march not only for the lives stolen in these school shootings, but for the lives of all students who now live in fear of being slaughtered in their own classrooms.

March for Our Lives, a student-led demonstration in support of stricter gun control, followed the school shooting at Marjory Stoneman Douglas High School in Parkland, Florida, in which 17 students and teachers were shot dead with a semiautomatic rifle. Since then, students from Parkland, along with other pro-gun control organizations and victims of gun violence, have called on their congressional representatives for immediate and direct action to end the gun violence epidemic in the United States. With an estimated 500,000 marchers in Washington, D.C. alone, along with over 800 sister-marches around the country, the movement's message was loud and clear: enough is enough.

Student-powered

March for Our Lives is a movement created and powered by high school students. These students have become forces to be reckoned with. They've called out any political figures that refuse to take a stand on the issues that are highlighted in the March for Our Lives movement, especially targeting those who have accepted donations from the NRA. These students, some as young as 11, are proving to a watchful world that anyone, no matter their age, can make real political change.

David Hogg, a 17-year old Parkland survivor and one of the most recognizable and influential faces of the movement, said it best in his speech: "We need to see real action from lawmakers. They have to actually mean it, take meaningful

steps to save children's lives." Hogg, with the rest of the student activists alongside him, aren't holding back, and people are listening.

Movement facts

Despite the traction the movement has gained, many people around the country are being misled on the demonstration's true intentions. It is some people's belief that the movement is looking to repeal the Second Amendment, therefore making it illegal for any American citizen to own a firearm of any kind.

This is untrue.

While the movement is calling for a ban on semi-automatic rifles and other assault weapons, bump stocks, and high capacity magazines, they are not looking for a total gun ban.

Along with implemented universal background checks, funded CDC (Center for Disease Control and Prevention) research, raised restrictions on the ATF (the primary enforcer of the nation's gun laws and recorders of gun purchases) and digitized ATF records, the closing of gun shows, and increased wait periods before purchasing a gun, the founding members of March for Our Lives believe that the number of mass shootings in the United States will drop tremendously.

Local students went to D.C.

As a high school student who believes in the power of gun reform, I was eager to walk alongside my fellow Americans in March for Our Lives. A local youth organization, Railroad Street Youth Project (RSYP), was able to give that opportunity to high school students in the Southern Berkshires, MA, free of charge, thanks to the generous donation of two busses from an anonymous donor. On March 23, at 11:30pm, over a hundred students boarded the busses to D.C., prepared to march.

We arrived in D.C. at a chilly

seven in the morning. As we walked through the streets of Washington D.C., protest signs in our hands, people waved to us from their car windows, and cheered us on as we found our way around the city. As we continued to walk, we began to see other marchers, some in large group like ours, some in pairs, some old, some young, people of all sizes, shapes, and colors, marching towards the capital. We were surrounded by people from all walks of life, united, for a common cause.

"What do we want? Gun control! When do we want it? Now!"

Marchers surrounded us on every side, holding signs, chanting, with no end to the mass of people in sight.

"Politicians, either represent the people or get out. Stand for us or beware: The voters are coming," Cameron Kasky, a 17-year-old Parkland survivor, gave one of many empowered speeches in front of the capital as I stood alongside my friends in the crowd below.

Every speaker and every performer acted with conviction towards their shared cause, each leaving a different mark on the event. During her speech, Sarah Chadwick, a Parkland survivor, held up an orange tag and said, "When you take 3,140,167 – the number of students enrolled in Florida schools – and divide by \$3,303,355 – the amount of money Marco Rubio has received from the National Rifle Association, it comes out to a dollar and five cents. Is that all we're worth to these politicians? A dollar and five cents? Was \$17.85 all it cost you that day, Mr. Rubio? Well I say, one life is worth more than all the guns in America."

The tag, bright orange, with the price \$1.05, stayed on the podium for the remainder of the speeches, refusing to let the audience forget about it. As the speeches went on our legs grew tired, but we continued to hang onto every word in

those speeches. The stories of the survivors brought tears to my eyes, and I could feel the passion in their words empowering the crowd of people around me. Our legs may have been numb with tiredness, our feet may have ached, but we stood there because we knew that we were witnessing history.

Making a difference, demanding change

Throughout the day, we not only witnessed the impact that young voices can have on a country, but we felt it within ourselves. March for Our Lives was spearheaded by a group of students no older than I am, who believe that our voices, together, are loud enough to change the world. Not even old enough to vote, they have sent waves through the country, sparking the attention of every American. No matter what those individuals' beliefs may be, these students have gotten people thinking, talking, and trying to come up with solutions to the gun violence epidemic this country faces.

Our generation, the younger generation, is becoming one of the most politically active and aware generations of minors this country has seen. When we are old enough to vote, we will. We will vote out politicians who cater to the NRA. We will vote out corrupt politicians who refuse to take a stand on unavoidable issues and who refuse to make change for our people. And we will vote in politicians who aren't afraid to speak up for all of people of this country.

We, the students, the children, are the future of this country. And we say "Never Again." ●

Madison is a local high school student in addition to being a new contributor to this magazine. The views expressed in the article herein reflect the author(s) opinions and are not necessarily the views of the publisher/editor.

The Motorworks

Foreign, Domestic and Vintage Service
NY State Inspection Station

518-789-7800

23 South Center Street, Millerton, New York
www.TheMotorworks.biz

Services Include: Lawn Mowing • Garden Maintenance & Rototilling • Mulching & Topsoil • Gutter Cleaning • Power Washing • Planting & Pruning • Spring & Fall Cleanups • Organic Vegetable Gardens • Deer Protection



Mountain Valley Gardening

Above the rest • Fine detail work guaranteed
20 years experience serving Columbia County & beyond

FREE ESTIMATES. CALL (518) 965-9982



It's sunglass season at Sharon Optical!

FEATURING SUNGLASSES BY RAYBAN, MAUI JIM, LAFONT, AND SPORT SUNGLASSES BY ADIDAS

860 364 0878

26 HOSPITAL HILL ROAD
SHARON, CONNECTICUT
WWW.SHARONOPTICALCT.COM

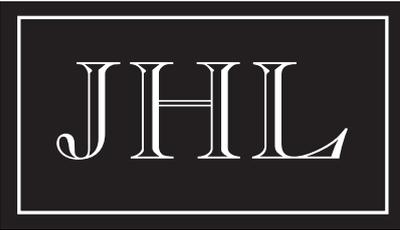


Rhinebeck Equine, L.L.P.

A Lifetime of Caring

(845) 876-7085
26 LOSEE LANE
RHINEBECK, NY 12572
RHINEBECKEQUINE.COM

At your farm or at our hospital, we provide a full spectrum of care for your horse's needs. From our field veterinarians to our equine surgeons to our internal medicine specialist, we've got you covered!



JEAN HOWE LOSSI
PATTISON, KOSKEY, HOWE & BUCCI, CPAs, PC

502 UNION STREET, HUDSON, NY 12534
T: 518.828.1565 EXT. 127 • F: 518.828.2672
JHLOSSI@PKHBCPA.COM
PKHBCPA.COM

HEAL WITH US...



**ACUPUNCTURE | MASSAGE THERAPY | SPINAL ADJUSTMENTS
LASER THERAPY | FOOD THERAPY | HERBAL THERAPY**

Sand Road Animal Hospital is proud to offer the first phase of its integrative medicine program. Integrative medicine is the combination of western medicine as we know it with all its modern diagnostics (blood work, xrays, ultrasound, surgery) with the ancient practice of Chinese Medicine. Approaching your pet in this comprehensive manner will provide the most complete care possible.

130 Sand Road, Falls Village, CT 06031
phone: (860) 824-5223
email: healing@sandroadanimals.com
www.sandroadanimals.com



Adventures & misadventures:

Colombia, not Columbia

By Peter Greenough
info@mainstreetmag.com

Most years my wife and I take a winter trip to celebrate our anniversary, usually in a foreign country. This year it was Colombia, 50 years after I had been sent there right after college as a Peace Corps Volunteer in 1967. It was exotic then, and remains intriguing now. With more than 70 countries visited, people often ask the impossible question “What is your favorite country?”

Colombia remains a big favorite, despite significant changes and progress since the 1960s. It is beautiful, diverse, and authentic. Most Americans going abroad covet personal comfort, culture, history, safety, beauty, various levels of luxury, affordability, fun, and familiar world sites as destinations. Some seek adventure off the popular track. In my humble opinion, when traveling, if you like the place, then the luxury of your hotel is not primary, since you spend little time there. Better to spend your trip money on being out and about, on transportation, guides, meals, unique purchases, and seeing things you aren't familiar with.

Our two daytime flights from New York to Cali in southern Colombia were easy and cheap, totaling about seven hours split in half by the plane change in Miami. (New York has direct flights to Bogotá and Cartagena).

We stayed at a deco hotel built by German immigrants in the 1950s – it felt like Europe of decades ago and was friendly, with beers on the Cuban tiled veranda accompanied by a large visiting bird I'd never seen before. We prefer the old or unusual, as modern and new hotels are predictable, more expensive and often dispiriting.

In Colombia today, international tourism often includes landing or leaving from hyped Cartagena, even though their foreign flights may cost about double that of other entry points. Cartagena's small colonial center's beauty and famed Spanish super fort, Castillo San Felipe de Barajas (started in 1536), are fine for allocating 48 hours. But with mostly unattractive beaches of dirty sand, we skipped it.

Climate news

With its location near the Equator, the climate in Colombia is dependent on altitude and has only slight seasonal variations. The unfamiliar Andes, extending from Venezuela all the way south to Chile and Argentina, are the highest mountains outside of Asia. They split into three ranges (*cordilleras*) as they come north out of Ecuador into Colombia, forming two long, populated intermountain valleys, Cauca and Magdalena. On the margins they open onto the vastness of the Amazon basin. Neighbor Brazil extends to the southeast, and Venezuela northeast, with sparsely populated Pacific rain forest jungles along the Pacific coast from Panama to Ecuador.

Enjoying the country

Spanish conquistadores founded various cities going north from Peru as they searched for the legendary city of gold – Eldorado – in the 1530s. The intact colonial architecture of historic Popayan, three hours south of Cali, remains graceful today, having been restored in the 20 years after the ruinous 1983 earthquake. We stayed in the luxury 16th-century



Above: View from Metro system platform near the Botanical Garden stop, Medellín. Below, left: A Botero painting in Antioquia Museum, Medellín.

Hotel Monasterio, a former colonial era monastery beautifully converted some decades ago. There was only one other room occupied in this luxury hotel (\$60 a night), so we had the place to ourselves including luscious free breakfasts – fresh tropical fruit with eggs, pastries, etc. from a white-capped chef, and copious coffee and fresh juices.

Popayan is a provincial, historic capital and charming university town where I had a shared, modest part-time apartment when doing Peace Corps R&R in the 1960s. My wife and I roamed and appreciated the tucked-away museums with colonial era paintings, sophisticated ancient gold work, and pre-Columbian ceramics from as early as 2000BC. The natural history museum was full of stuffed exotic birds, unknown (to us) mammals, reptiles, butterflies, and insects that surprised us. Who knew these ever existed, many of which still do if you venture into the Andean jungles, where the recently settled FARC revolutionary insurgency war began in 1964? Designers looking for new concepts, shapes, colors, and ideas should enter these nearly empty Colombian museums, leaving their hubris of modern urban sophistication at the door.

Continued on next page ...



danica

CENTER FOR PHYSICAL THERAPY & MOVEMENT EDUCATION



Physical Therapy • Pilates • Tai Chi

Dr. Bente Dahl-Busby, PT, DPT, PMA@-CPT

* * Adding life to your years * *

101 Gay Street (Rte 41) / Sharon, CT
860-397-5363 / danicacenter.com / info@danicacenter.com

Kiki Nail Salon

Walk-ins welcome

Open hours: Monday–Friday 9am to 7pm,
Tuesday CLOSED, Saturday 9am to 6pm, Sunday 9am to 5pm
(518) 592-1129 * 56B South Center St. * Millerton, NY 12546



Hollis Gonerka Bart LLP

The law firm for businesses,
entrepreneurs, executives
and foundations.

Thorough • Tactical • Trusted

Pine Plains, NY | (518) 771-3031
New York, NY | (646) 398-0066
www.hgblp.com

Valentine Monument Works & Sandblast

SINCE 1875



Cemetery Monuments • On-Site Lettering • Bronze Veterans' Plaques
Pet Markers • Cleaning & Repairs • Sand Blasting Service

Bruce Valentine, owner • Tel: 518-789-9497
ValentineMonument@hotmail.com • Park Avenue & Main Street, Millerton

Get into the comfort zone.

Chill out with Herrington Fuels
cooling services.



HerringtonFuels
It's all about comfort.

- A/C maintenance and repair
- Installation of Central Air and Mini-Split Systems

(518) 325-6700 herringtonfuels.com

Trex
Engineering What's Next
in Outdoor Living™

LUMBER • MILLWORK • BUILDING SUPPLIES
HERRINGTON'S
We share your passion.

Hillsdale, NY: 518.325.3131 • Lakeville, CT: 860.435.2561 • Millerton, NY: 518.789.3611
Hudson, NY: 518.828.9431 • Chatham, NY: 518.392.9201 • Sheffield, MA: 413.229.8777

www.herringtons.com • 800.453.1311 • WE OFFER DECK DESIGN

Modes of transport

Transportation options are myriad in this nation of contorted mountain ranges, winding corners, and shut off regional valleys separated by Andean barriers like a twisted step ladder with deformed rungs. We traveled by private taxis, big modern and comfortable buses, metro-style systems (“subways” in the US), cable cars, gypsy taxis, and state-of-the-art whistle clean new airplanes with leather upholstery. Other forms of transport are common, including small river and ocean launches, scads of scooters and motorcycles, donkey and horse carts, bicycles, horseback, modified passenger trucks called *chivas*, hollowed-out log canoes, huge diesel cargo trucks, rental cars, and others.

In Medellin there is a public system of (I’m guessing Swiss) cable cars that has a revolving system of cars that you jump aboard and ride 15 minutes rising thousands of feet above the now brick-house neighborhoods built up the steep sides of the Andes around Medellin. Some way to get home.

The former tin shanty hillside slums now have paved streets, storm drains, curbs, lights, sewers, schools, etc. All are a tribute to Colombian municipal leadership addressing the social aspirations of modest, but hard working people during 50 years of the civil insurgency now ended.

You can transfer to ride another gondola 20 minutes while rising per-

haps another 2000 feet, passing above the natural rain forest reserve until you are in a different climate zone, thousands of feet beyond a vibrant city of 3+ million. I’ve never seen anything like it!

Medellin, Botero’s hometown

At 5000 feet elevation, central Medellin has a perfect California-like climate and ambiance, with freeways, diverse neighborhoods, manufacturing plants, and booming, but not universal, prosperity. Antioquia is renowned as the most hardworking and industrious department/state in the country with the *paisa* entrepreneurial ethic. Anybody could live here and find a life.

A downtown “zone of tolerance” is the dark side, where controlled blocks of many hundreds of dilapidated crack, pot and who-knows-what users live on a busy street traffic median in a small area of the city. Smoking crack pipes openly, it reminded me of China in the era of the Opium Wars. They left us alone when we stumbled upon the neighborhood before scurrying away. It made Needle Parks in 1970s NYC seem tame, but Medellin is safer by day due to its zone containment.

We stayed two days in the city’s old downtown, and another two in an upscale neighborhood convenient to walking to see other parts of the vibrant city.

We leisurely ambled through the Botanical Garden’s butterfly and orchid gardens, and then had lunch waterside in their lily pond side restaurant of tremendous culinary sophistication, just \$40 with wine – wish I’d left an even bigger tip for the elite staff.

The gritty city center is frayed, but a must-see are the sculptures and paintings in the Fernando Botero-endowed art museum, el Museo de Antioquia. My previous regard for him and his corpulent figured art was greatly elevated after viewing a range of his creations. He donated scores of his own paintings, plus an interesting collection of works by internationally famed artists like Frank Stella. Perhaps 30 or so large brass Botero sculptures adorn the Plaza Botero just outside.

To travel to Medellin from the



Above: Hotel Monasterio in Popayan, dates from 16th century monastery later converted to luxury hotel in 20th century. Below, left: Fernando Botero sculpture in central Medellin plaza, one of many, with many Botero paintings inside the nearby Museum of Antioquia.

coffee country (where we had not planned ahead and selected our lodging poorly), we took a five-hour comfortable bus ride that turned out to take 12 hours because of a major bridge being washed out and under repairs. Angry until we began looking out the windows as we passed through the twisting and gorgeous green countryside, up mountains and down, we enjoyed the trip. The topographical Andean rural panoramas – coffee-tree-covered hillsides and rivers interspersed with plantings of manioc/ yucca, vast sugar cane fields on the flats, papayas, beans, bamboo groves, Cebu cattle, and tropical fruit trees – are a delight. People seem happy and content with their rural town lives.

Country capital

Flying to Bogota’ – after four days in two different neighborhoods in Medellin – was easy and inexpensive on a new Avianca plane, costing only \$60 each. People fly because land travel takes so long, can be dangerous, and is subject to surprises. Topographically complicated, Colombia has one of the oldest airlines (1919) in the world since flying was faster than treacherously traveling demonic dirt roads hung like strings along the sides of

the steep mountains. Avianca survives while global aviation pioneer Pan Am died in 1991.

Major Colombian airports now shame their dilapidated US counterparts, as do their computerized, modern security controls that work seamlessly, rapidly, and are conducted without the often demoralized staff attitude of our own country’s ports of entry and departure. It made us wonder which is the developing nation...

We spent four days in two different neighborhoods in the country’s capital Bogota’, before ending our trip. There is so much to see – museums, historic sites and architecture, shops, the cable car ride that ascends about 2000 feet from the city center to an old church mountain sanctuary, a Sunday crafts flea market in an area full of restaurants and artisan shops. We spent hours one day in probably the largest covered wholesale produce market in South America, which sells everything from flowers and a vast array of fruits and vegetables to baskets, tools, ceramics, meats with worker restaurants. One evening we stumbled by chance into an extremely lively and super sophisticated restaurant, Shama, in



Continued on next page ...



Above, top to bottom: Panorama of Medellín from highest route cable car, Andes and city center buildings in distance. One of the gold pieces from the Museo de Oro (Gold Museum). Right: Local musicians playing regional tunes in Medellín.

a northern neighborhood. It was so chic we felt embarrassed by our practical tourist attire, but savored a great meal with wine for less than \$50. Any urban American could make a life in Bogotá, a fascinating city of contrasts.

Other times we ate in colonial neighborhoods, chatting with very friendly, interesting cosmopolitan people. We managed to walk right through the Presidential compound on one afternoon full of discoveries. Interestingly, the best way to change money at attractive rates is by using credit cards (without foreign transaction fees) to pay in most places. You save the difference between 2700 pesos to \$1 dollar, versus the more favorable COP 2850-2900 with a credit card since the bank is changing your money when they bill you – saving you about 5.5 to 7.4% that otherwise goes to money changers.

We spent hours in colonial Bogotá's Museo de Oro (Gold Museum), which is reputed to be the best of such museums in the world with its thousands of pre-1500AD goldsmithed and ceramic items dating back to long before the Christian era began – masks, crowns, earrings,

amulets, vases, shields, funeral vessels, figurines, etc. – really worth spending half a day. Do not miss it.

Thinking it over

I purchased a black T-shirt that was emblazoned “Colombia, not Columbia” – amusing since my wife and I both met at that university. Americans have no idea of the umbrage Colombians suffer from the common misspelling of their country's name.

Colombia is booming and the country seems happy to be freed from the grip of 53 years of war with the FARC and drug cartels. Still not totally at ease because the minor revolutionary army, the ELN, is again active in some regions despite its ongoing Havana peace talks with the government. Consumerism is apparent, activity is everywhere, and Colombians are at work in the increasingly urbanized country after the rural violence emptied many areas. Cocaine still is produced and exported – it is a very profitable business – and is intertwined with these remnant insurgents, since coke exports finance much of their operations.

For Valentine's Day, Colombia exports about one billion long stem Freedom red roses to the United States, and it has captured much of the US fresh flower market, according to the *New York Times*. It also is the world's primary producer of fine emeralds. In contrast, neighboring

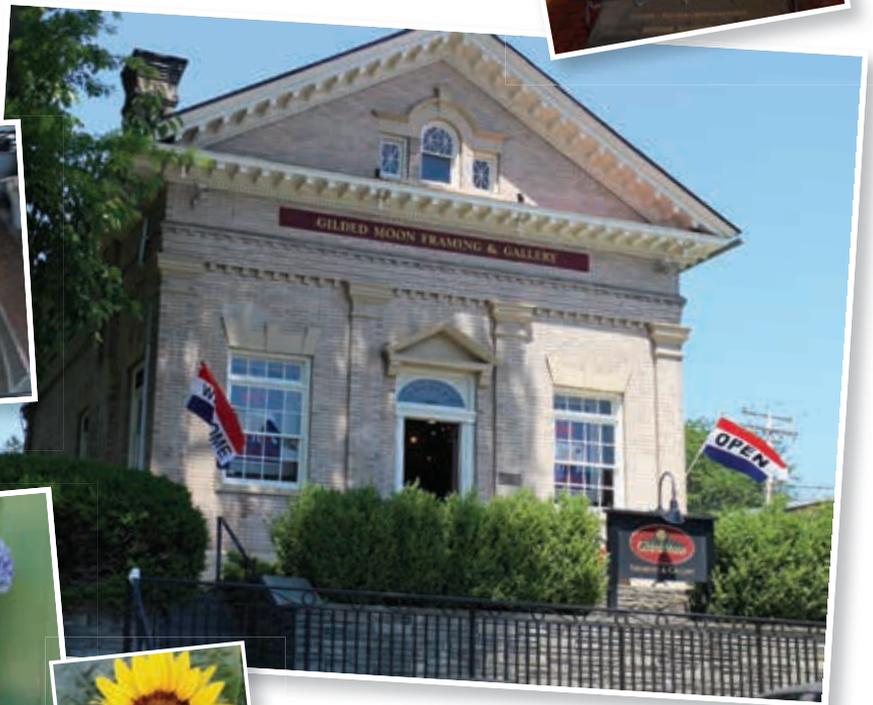
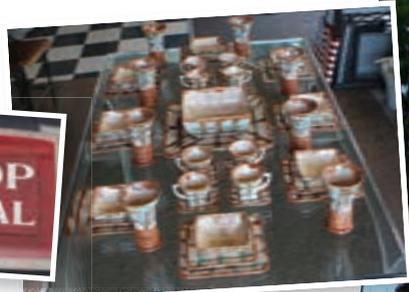
Venezuela is a desperate country at this point, nearly devoid of manufacturing, and ruled by the Chavistas who are unable to supply even basics. Nearly a million plus Venezuelans are believed to have fled to Colombia for relief and a new life. A military conflict may be the end result.

Colombia is a diverse country – topography, regional music, accents, food, temperature, jungle vs. desert vs. high plain vs. tropical rain forest vs. Andean valleys vs. snow-covered mountains, historic buildings, ethnicities, etc. It is a country of numerous pre-historic archaeological sites, active indigenous tribal villages, sophisticated modern cities, colonial architecture, volcanoes, gorgeous national and diversity-rich eco parks, and vast natural parks and reserves – you name it. We saw few foreign tourists anywhere in Colombia, except at the knockout Bogotá Gold Museum. And what great graffiti, public murals and native crafts you see everywhere.

So why do Americans have so little interest in South America? Go figure. Countries after a long war are quite interesting and bargain trips without the interference of hordes of tourists. Did I mention that one big change in the last 50 years is that Colombia now values and promotes the cultures, creations, artistry and importance of its indigenous peoples' contributions to their history and country? So much has changed in five decades. ●



Wish you were here!
Love, Millerton 



In Millerton you can eat, drink, shop, & be entertained!

Come to Millerton: we have it all! Visit one of these businesses to shop to your heart's content, be entertained for hours, dine and drink!

By shopping locally you support not only the local economy but specifically you support the local businesses that provide our services, feed our stomachs, quench our thirsts, entertain us, clothe us, and are the fabric of the communities that we live in.

Millerton's businesses welcome you!



Photos by: Olivia Markonic, Bruce Valentine, Heather Lee, & Ashley Kristjansson.

Eat & Drink

52 MAIN
 518-789-0252
 52main.com
HARNEY & SONS TEA
 518-789-2121
 harney.com

IRVING FARM COFFEE HOUSE
 518-789-2020
 irvingfarm.com

OAKHURST DINER
 518-592-1313

Entertainment

THE MOVIEHOUSE
 518-789-3408
 themoviehouse.net

Shopping

COUNTRY GARDENERS FLORIST
 518-789-6440
 countrygardenersflorist.com
DAVE'S TV
 518-789-3881
 davestv.net

GILDED MOON FRAMING & GALLERY
 518-789-3428
 gmframing.com

HUNTER BEE
 518-789-2127
 hunterbee.com

JENNINGS ROHN MONTAGE
 860-485-3887

KAMILLA'S FLORAL BOUTIQUE
 518-789-3900
 kamillas.com

NORTH ELM HOME
 518-789-3848
 northelmhome.com

OBLONG BOOKS & MUSIC
 518-789-3797
 oblongbooks.com

RILEY'S FURNITURE
 518-789-4641
 rileysfurnitureflooring.com

TERNI'S STORE
 518-789-3474

Services & much more

ASSOCIATED LIGHTNING ROD
 518-789-4603
 alrci.com

CHAD'S HAIR STUDIO
 518-789-6007

CROWN ENERGY CORP.
 518-789-3014
 crownenergycorp.com

HYLTON HUNDT SALON
 518-789-9390
 hyltonhundtsalon.com

LESLIE HOSS FLOOD INTERIORS, INC.
 518-789-0640
 lestriefloodinteriors.com

MAIN STREET MAGAZINE
 518-592-1135
 mainstreetmag.com

MAIN STREET MAGAZINE PHOTO GALLERY
 518-592-1135
 mainstreetmagphotogallery.com

MILLERTON SERVICE CENTER
 518-789-3462

MILLERTON VETERINARY
 518-789-3440
 millertonvet.com

NAPA MILLERTON
 518-789-4474
 napaonline.com

OVERMOUNTAIN BUILDERS
 518-789-6173
 overmountainbuilders.com

PRECISION AUTO STORAGE
 917-715-0624
 precisionautostorage.com

SALISBURY BANK & TRUST CO.
 518-789-9802
 salisburybank.com

TAYLOR OIL INC.
 518-789-4600
 gmtayloroil.com

THORUNN DESIGNS
 518-592-1135
 thorunndesigns.com



INSURING YOUR WORLD

What's your Property Damage Liability limit on your auto policy? The NYS minimum limit is \$10,000 which is woefully inadequate should you get into an accident and hit a new luxury vehicle that is valued at \$80,000 ... if \$10,000 was your actual limit in this situation, you would end up having to pay \$70,000 out of your own pocket! Liability can be purchased two ways, "Split Limits" or "Combined Single Limits." The highest limit normally offered under a Split Limit is \$100,000, the Combined Single Limit is generally offered at \$500,000 as the top limit. As car and truck prices continue to rise the Split Limit of \$100,000 is becoming inadequate which makes the Combined Single Limit a better option. Consider being at fault in a collision accident with a \$160,000 Maserati, or worse yet a large specialty truck such as a Utility truck with a hydraulic bucket lift which can be value well over \$200,000. You can easily see why having adequate Property Damage Liability limits are very important! So check your current policy and don't get caught short. If you can't raise the limit you can always purchase umbrella liability which will increase the limit by \$1 million. Insure ... Be sure!

Kirk Kneller
Phone 518.329.3131
1676 Route 7A, Copake, N.Y.



Brad Peck, Inc.

Choosing the right collar

At our practice, we are often asked which collar has been proven to prevent chronic pulling. There is not a definitive answer, but there are two that have proven effective with our clients.

Highly recommended by Melissa Brady, a local Certified Obedience Trainer, the prong collar is her favorite tool for training. Contrary to widespread belief, the prong collar is safe and highly effective. The prongs are flat, do not puncture the neck, and apply gentle and even pressure on the dog's neck when he begins to pull. The look of the prong collar has created some misconceptions regarding its safety and humanity. The prong collar has a limit to the pressure it applies around the neck, preventing damage to the trachea, which can occur from severe pulling from its cousins, the "choke" collar and the conventional collar. Finally, it eliminates chronic pulling to one side or the other, preventing neck and back strains or injuries. Another effective tool (and a staple in my home) is The Easy Walk Harness. Unlike conventional harnesses, the leash attaches to a ring on the front of the chest and the pressure is applied to the chest and the shoulder blades when the dog pulls. This defaults the dog's attention back to his walker on his side. It is important to point out that harnesses may hinder movement and can put repeated stress on joints if pulling continues to require correction.

If your canine companion is not a puller, the choices have moved far beyond the basic nylon. From designer collars, which include lights as accessories to collars that have GPS trackers, there's something for everyone!

Phone 518-789-3440
199 Route 44 East, Millerton, NY
www.millertonvet.com



8 top tips for storing your car

When it comes to storing your prize possession, your car, there are a number of things to consider.

1. Store the car in a dry and fairly dark location. To prevent moisture getting to your car, have it sit on concrete or at least off the bare ground.
2. Before you store the vehicle, make sure that it has been washed, preferably waxed, this way the car won't get scratched when placing- or removing a cover from the vehicle.
3. Fill your fuel tank before storing it and add a fuel stabilizer (make sure to run the car so that the stabilizer gets into the vehicle's system). The more fuel there is in your tank, the less air there is – air carries moisture which can result in rust.
4. Change the oil and filters for two reasons: firstly it reduces the chance of contaminants affecting your engine while it isn't being used, and secondly, come spring your car is ready to drive.
5. Before storing the vehicle do a thorough check of it and specifically check such items as the antifreeze and add air to the tires.
6. To keep vermin away you can do a number of things such as place moth balls around the car, but nothing is a guarantee unless you store your car in a rodent-free environment.
7. When it comes to the vehicle's battery, some suggest that you unhook it, others suggest that you remove it (and store it in a proper location), or place a battery tender on it if you keep it in the car.
8. Make sure that you don't leave any items in the vehicle that could damage it while it is in storage, i.e. items that could burst if the vehicle is exposed to freezing temperatures.



(917) 715 0624
6050 Route 22 in Millerton, NY
www.precisionautostorage.com

PRECISION
AUTO STORAGE

Wheel alignments

Here we are in the month of May, and the annual car issue of Main Street Magazine. Lets explore the topic of wheel alignments. As you know, modern cars have very complex suspension systems. All of which now are designed by computer and talented engineers. The goal is, and always has been, a mix of handling, comfort and minimizing tire wear. A wheel alignment today is also done by computer and a trained mechanic. The process consists of installing reflective heads on each of the four wheels. Then analyze the position of the wheels in reference to specifications provided by the car manufacturer. There are three axis to consider: caster, camber, and toe. Caster is what returns your steering wheel to center when you let go of the wheel. Camber is how much the top of your tire tips in toward the center of the vehicle. Toe is whether the front of your tires point in or out, sort of like if you walk pigeon-toed or like a duck. The rough roads of winter can really knock your car out of whack. Remember that pothole you hit? The one that made you think for a minute, "did I just bend my rim or damage my tire?" Or maybe a curb? Mechanics have a term for a rim and tire that hit a curb, its called curb rash. That's the damage that occurs when tire meets curb, it looks like your passengers side front rim has a rash in the paint. I hope this is helpful in understanding what the term wheel alignment means. Happy motoring!



(518) 398-5360
3 Factory Lane, Pine Plains, NY

Factory Lane Auto Repair



Canaan Auto Supply

Local auto parts store. 462 Ashley Falls Road, Canaan, CT. (860) 824-4944.

In this day in age, vehicles are our main form of daily transportation to get us from point A to point B. Whether your car is in need of a quick part repair, or getting ready for the race track, you can count on your local auto parts store to get you what you need. Canaan Auto Supply got started in 1969 and has since changed hands a few times until good friends and current owners, Rich Puff and Jon Routhier, took over in 2001. The two business partners are still going strong today and continue to find it rewarding to deal with cars and trucks all of the time and appreciate their new loyal customers. Rich, Jon, and their knowledgeable team help provide their clients with all types of automotive needs; including body parts, aftermarket accessories, racing products, race fuel, hydraulic hoses, and propane. Many parts are available the same day, but on the off-chance you should have to order something it should arrive the next day. Conveniently open seven days a week, in-store pick-ups or deliveries are available to Canaan Auto customers, too. They proudly cover the Northwest Corner, Berkshire Hills, and parts of Columbia County, too. Canaan Auto Supply is basically a family-run business and treat their customers like family. They look forward to proudly providing quality automotive parts and great customer service for many more years to come.



Northeast Dutchess Transit

Dial-A-Ride to take you anywhere in Dutchess County. (518) 592-1399 ext. 5. necmillerton.org/transit.php

It's time to dial a ride for medical, shopping, social trips, or to connect to the train. Northeast Dutchess Transit (NEDT) is a program that provides free transportation for those who live in the rural areas of Millbrook, Millerton, Pine Plains, Amenia, Dover, and Wassauc, and can often times pick you up at home. Additionally, they provide rides for clients in Stanfordville and Wingdale and rides into Sharon and Lakeville, CT. NEDT is equipped with three vehicles, one of which is a wheel chair accessible van. In conjunction with the participating towns, this project is funded in part by New York State Department of Transportation, County of Dutchess, Foundation for Community Health, Community Foundations of the Hudson Valley, Plymouth Hill Foundation, and the Berkshire Taconic Community Foundation. To register or make reservations call Ivana. For Spanish call Geoff Tuesdays and Thursdays 9am-12pm. NEDT is available every weekday except weekends and federal holidays from 8am-4pm. Booking your ride in advance is appreciated. Rides are prioritized for seniors and those with disabilities, and minors under 18 must ride with an adult relative. NEDT not only provides rides with a smile, but they also connect clients with programs offered at North East Community Center and with other local community resources.



Ruge's Chevrolet

Chevrolet sales, service, and parts. 3692 US-44, Millbrook, NY. (845) 219-5147. rugeschevrolet.com

Previously known as Audia Chevrolet since the 50s, the Ruge's family purchased the dealership in July of 2016. Open Monday through Saturday, Ruge's Chevrolet sells and services the full line of Chevrolet vehicles, both new and used. In addition, they also sell brands of used vehicles and service almost all brands, too. Their client base mainly comes from across the Tri-state area, but with thanks to the internet, Ruge's often sell used cars all across the country! Ruge's Chevrolet considers themselves to be the right size dealership. "We are big enough to be very competitive on price, but small enough to give our customers a great experience. We enjoy the relationships we have made with our customers and know most of them by name. Not only are we a family-owned business dating back to 1935, but we treat our customers like family, too. It is our pleasure to help our customers get the vehicle they are looking for, stress-free, and at a competitive price," says sales manager, Tanner Hutchins. This is the newest store amongst the Ruge's dealerships (Ruge's Chrysler Dodge and Jeep, and Ruge's Subaru are located in Rhinebeck, NY), and they look forward to growing their business locally and in the surrounding areas for years to come and continuing their involvement in the community. Their focus is to serve the local area with the same great service they received for many years from Audia.



Millerton Service Center

Auto garage for foreign and domestic vehicles. (518) 789-3462. 52 S Center Street, Millerton, NY.

Mike Lyman started working on cars in Millerton in 1973 at Dutchess Auto Company, which later turned into Stateline Chevrolet. In 1989, he and his wife Carol opened the Getty Station in the center of town and ran it until 2003 when they purchased the current home of Millerton Service Center. Mike, his son Adam, and the rest of the team provide maintenance (tires, breaks, tune ups, oil changes, etc.) on most cars and lightweight trucks; both foreign and domestic. In addition they can pick up and deliver your vehicle, offer snow-plowing services, as well as clean and sell vehicles. Every day cars become more and more technological advanced. At Millerton Service Center they are subscribed to a few companies where they received the most up-to-date service repair manuals, and technical service bulletins. Mike graduated from the GM training center and Adam graduated from Toyota Technical School. Millerton Service Center also works hand-in-hand with local auto parts and tire stores, and gets deliveries twice a day. This means your car won't be in the shop for very long. "Carol and I would like to thank our great client base of 40+ years for letting us continue to serve you. We do our best to provide each of our customers with the best customer service and a job well done every time."



lickety split

pay for your ice cream before it melts.

one touch payments are here—use your mobile wallet app for fast transactions.

- ✓ fast, secure way to pay online, in apps, or in stores
- ✓ simple to learn, convenient to use, easy to set up

Now available: Apple Pay®, Google Pay® (formerly Android Pay™), Masterpass™, and Samsung Pay®



SALISBURY BANK | enriching.

Connecticut
860.435.9801

Massachusetts
413.528.1201

New York
845.877.9850

salisburybank.com

Third party data, messaging, and internet service provider fees may apply.

Google Pay is a trademark of Google, Inc. Apple Pay is a registered trademark of Apple, Inc. Masterpass is a trademark of Mastercard International, Inc. Samsung Pay is a registered trademark of Samsung Electronics Co., Ltd.